

Chamber CHATTER



MECHANICSBURG
CHAMBER OF COMMERCE
The Strength of One. The Power of Many.™

9.10.26

6 West Strawberry Avenue, Mechanicsburg, PA 17055 (717) 796-0811 www.mechanicsburgchamber.org

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News, Events & more!

Seeking HOSTS for 2026 EVENTS

- Business Women's Networking Luncheon
 - After Hours Mixer
- Business Leaders Discussion Group

BE A HOST and showcase your business, service and more...

For a full calendar of chamber and member events, visit www.mechanicsburgchamber.org/events

CHAMBER EVENTS

Watch for Weekly Updates!

September

10 - Cumberland County Mega Mixer -
Location - **Members 1st Federal Credit Union,**
5000 Marketplace Way, Enola. 5:00 - 7:00pm.

18 - 22nd Annual Golf Outing - Rich Valley Golf,
227 Rich Valley Rd, Mechanicsburg. Registration
and Lunch - 12:00 PM, Tee time - 1:00 PM

24 - Business Leaders Discussion Group -
Sponsored by PaySmart Payroll Services, 650 Wilson
Ln, Ste. 100, Mechanicsburg. 7:45 - 9:00 am.
Members only event.

*One study found that 64% of adults familiar
with their local chamber of commerce were
more likely to purchase from a chamber
member.*

- U.S. Chamber of Commerce

Thank You For Renewing Your Membership!

**Adoration Hospice
Angel Home Solutions
Dreamworx Roofing
Fairfield Inn & Suites Harrisburg West
TRU Construction**

MEGA MIXER

CARLISLE | MECHANICSBURG
SHIPPENSBURG | WEST SHORE

THURSDAY
SEPT. 10
5:00-7:00PM

Hosted By



MEMBERS 1st
FEDERAL CREDIT UNION

5000 Marketplace Way | Enola, PA

**HORS D'OEUVRES
& DRINKS
FREE TO ATTEND**

PRESENTED BY:



Carlisle Area
Chamber of Commerce

717.243.4515

events@carlislechamber.org



MECHANICSBURG
CHAMBER OF COMMERCE
The Strength of One. The Power of Many.™

717.796.0811

info@mechanicsburgchamber.org



SHIPPENSBURG
Area Chamber of Commerce

717.532.5509

chamber@shippensburg.org

West Shore
Chamber of Commerce

Inspiring Business

717.761.0702

wschamber@wschamber.org

CUMBERLAND VALLEY
PENNSYLVANIA

Cumberland Area
Economic Development
Corporation



**PLEASE RSVP AT WSCHAMBER.ORG
PRIOR TO THE EVENT.**



MAIN SPONSOR

 **JFS**
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 **KONHAUS**
PRINT & MARKETING

CATERING SPONSORS

Capital 



EXHIBITING SPONSORS

Drayer Physical Therapy

PaySmart Payroll Services

Pennsylvania Chamber Insurance

Renewal by Anderson of Central PA

RETTEW

Trout CPA

UPMC

WellSpan Health



Friday, September 18, 2026

Rich Valley Golf
227 Rich Valley Road
Mechanicsburg, PA 17050

12:00 p.m. - Registration / Lunch

1:00 p.m. - Tee Time

6:00 p.m. - Dinner

Networking • Food • Beverages • Prizes

\$100 includes golf, gold passport, lunch & dinner

Not a golfer? Join us for dinner for only \$25.

Sponsorship & Prize Donation opportunities available to showcase your business

\$25,000 Hole in One
sponsored by:



Contact the Chamber to play, sponsor, or volunteer
at (717) 796-0811 or info@mechanicsburgchamber.org

CLICK HERE for registration form or at www.mechanicsburgchamber.org



Portion of proceeds will support New Hope - a social services agency assisting those in need across portions of Cumberland, York, and Adams Counties with food and basic needs, workforce development programs, transportation & housing assistance - along with a variety of community, business, and economic development programs throughout the year.

Mechanicsburg Chamber of Commerce presents:

Business Leaders Discussion Group

Thursday, September 24

7:45 - 9:00 am

**Sponsored by
PaySmart Payroll Services
650 Wilson Ln, Suite 100
Mechanicsburg**



RSVP to info@mechanicsburgchamber.org or call 717-796-0811.
This members-only event is **free** to attend!

Bring your questions and business topics and hear what others have to say!

**Do you know a great way to show off
what, where, and how you do the things you do?
Host a Business Women's Networking Luncheon or
After Hours Mixer. There is no fee to host an event,
contact the Chamber office for more details.**

Seeking HOSTS for 2026 EVENTS

- Business Women's Networking Luncheon
 - After Hours Mixer
- Business Leaders Discussion Group

BE A HOST and showcase your business, service and more...

For more information - on **HOSTING AN EVENT**
contact the Chamber office at 717-796-0811 or email - info@mechanicsburgchamber.org.



New Hope Ministries - the Chamber's 2026 'Charity of Choice' - Offers Assistance with Transportation

Each year, the Mechanicsburg Chamber of Commerce chooses a "Charity of Choice" to deliver community awareness and fundraising efforts. The Chamber uses its numerous vehicles to focus on understanding of what the chosen charity offers. Also, the Annual Chamber of Commerce Golf Outing provides an opportunity to financially assist the chosen charity to better provide its services to the area's residents. For 2026, New Hope will benefit from the Chamber's efforts and will be featured in numerous editions of Chamber Chatter – the Chamber's weekly e-newsletter.

Transportation:

Summer may be coming to a close, but at New Hope, there is still plenty to smile about. Thanks to the continued generosity and support of our community, we are able to walk alongside our guests as they build brighter futures, just like Christine.

For the past 10 years, New Hope has had the privilege of supporting Christine on her journey toward stability and independence. Throughout that time, we have helped her secure housing, find employment, and cover critical car repairs. When her vehicle recently stopped working, New Hope's Car Loaner Program provided reliable transportation for two months, giving Christine the opportunity to save enough money to purchase her very first car.

New Hope has 10 locations across parts of 3 Counties covering nearly a half million people. The Mechanicsburg area is served by their location at 5228 E Trindle Rd. They are open Monday - Friday 9:00 AM - 4:00 PM and would be pleased to show their facility and all they do. Visit their website at nhm-pa.org or call 717-766-7333 for more information.

Chamber Chatter is published on-line every Thursday.

We encourage member businesses to send us information on sales, promotions, news and events. It is a great way to promote your business or organization.

Chamber Chatter advertisements will remain for up to 4 weeks, or as space permits.

If you have something to share, please submit it by Wednesday at noon to
info@mechanicsburgchamber.org.

****Chamber Chatter advertising is a FREE member benefit.****

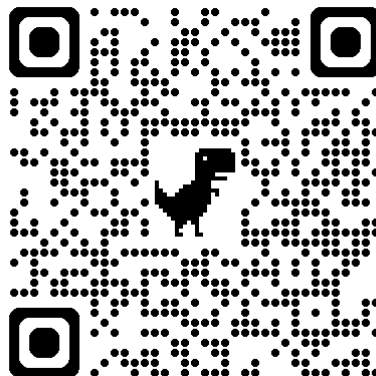
Travel with the Mechanicsburg Chamber of Commerce to Sunny Portugal

Lisbon, Alentejo, Algarve & Portuguese Riviera

September 12-21, 2027

We have teamed up with Collette Vacations to offer this inclusive tour of one of Europe's fascinating countries.

Scan the QR code below for more information or click [here](#).





Fall DOCUMENT SHREDDING EVENT



**THURSDAY, SEPT. 10
5 - 7 P.M.**



**HAMPDEN TOWNSHIP
POOL PARKING LOT**
5001 Hampden Park Drive,
Mechanicsburg

RSVP TO 717-761-4665 OR VISIT REPDELOZIER.COM/EVENTS

RSVP to 717-761-4665 or [click here](#). RSVPing gives my staff and the shredding company a headcount. Shredding will be taken on a first-come, first-served basis.

CAR SEAT SAFETY CHECK & DAMAGED LICENSE PLATE REPLACEMENT EVENT



**THURSDAY, SEPT. 24
4-7 P.M.**



PLATINUM MITSUBISHI
6039 Carlisle Pike, Mechanicsburg



RSVP TO 717-761-4665 OR VISIT REPDELOZIER.COM/EVENTS

National Child Passenger Safety Week is Sept. 20-26. Certified car seat technicians will be on-site to ensure your child's car seat is properly installed. Police will also be available to facilitate damaged license plate replacements. These services are provided at no cost to the community.

RSVP to 717-761-4665 or [click here](#).



Older *and* Wiser

SEMINARS

 **THURSDAY, OCT. 1 9-10:30 A.M.**
 **MECHANICSBURG PLACE SENIOR CENTER**
97 W. Portland St., Mechanicsburg

 **THURSDAY, NOV. 5 9-10:30 A.M.**
 **WEST SHORE SENIOR CENTER**
122 Geary Ave., New Cumberland

Due to room occupancy limits, RSVPs are required.
Sign up by calling 717-761-4665 or visiting RepDelozier.com/Events.

Thursday, Oct. 1, from 9-10:30 a.m.,
at Mechanicsburg Place Senior Center, 97 W. Portland St., Mechanicsburg

AND

Thursday, Nov. 5, from 9-10:30 a.m.,
at West Shore Senior Center, 122 Geary Ave., New Cumberland

Mid Penn Legal Services will lead a seminar educating attendees on the protection offered by power of attorney (POA) arrangements. Living wills, wills and health care POAs will also briefly be discussed.

Due to room occupancy limits, RSVPs are required. Sign up by calling 717-761-4665 or [click here](#).

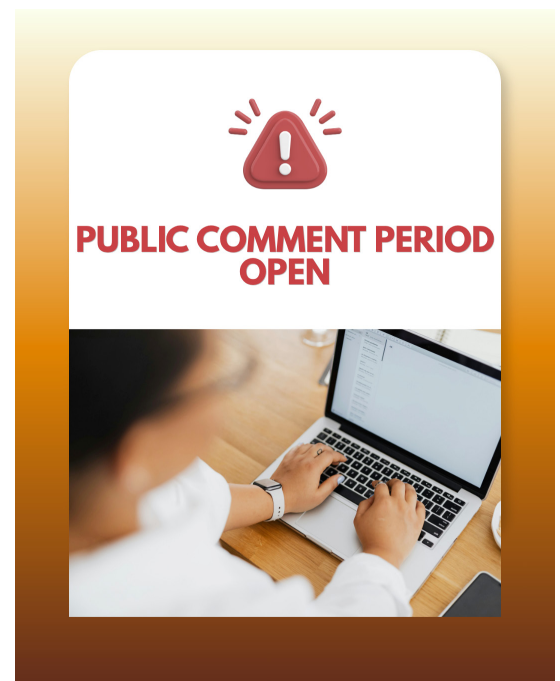
Submit Feedback on Proposed Regulations

Last week, the Shapiro administration proposed regulations that are concerning to many in our education system. These are subject to public review and comment.

As proposed by the Pennsylvania Department of Health, the regulations would allow government officials to institute school or community mask mandates, enter private residences without warrants and seek private health information without consent. The department also would have the authority to enter any school building to interview a student of any age in private, without notification to the parent or guardian, to gather information for contact tracing and partner services. [If you'd like to read the proposed regulations in full, they are available here for review.](#)

Policies with such significant impacts on students, families and communities should be debated openly by the Legislature, not imposed through regulation.

The public can submit comments on the proposed regulations through Sept. 21 by emailing RA-DHCHAPTR27PROPREG@pa.gov. Please reference Rulemaking #10-242: Communicable and Noncommunicable Diseases; IRR #3490.



Help Available Finding a New Job



Pennsylvanians looking for work and employers can access the comprehensive career website PA CareerLink® for assistance.

PA CareerLink® offers job search assistance, resume and interview workshops, access to more than 7,000 online training courses, classroom and on-the-job training, and many other programs and resources. All services are provided at no cost to participants. No appointment is necessary.

It provides a wide range of resources for individual job seekers tailored for specific situations, such as mature workers, those re-entering the workforce, veterans, individuals with disabilities, young workers and more. Employers can use it to search for job candidates, learn about apprenticeships and other needs. [Visit PA CareerLink® here.](#)

Medicare Questions Answered by PA MEDI

If you're eligible for Medicare and have questions, PA MEDI has local, certified counselors to provide free and confidential assistance to help you navigate the system.

PA MEDI (Pennsylvania Medicare Education and Decision Insight) is part of a nationwide network of state health insurance assistance programs. It provides unbiased help and information for those on Medicare, their families and caregivers. PA MEDI does not sell or recommend Medicare insurance products, insurance agents or brokers.



The assistance covers the various Medicare plans, enrollment, rules, billing, appeals and more. Call 1-800-783-7067 or visit [the PA MEDI webpage](#).

Keystone State ChalleNGe Academy Accepting Applications for 2027



Teenagers in jeopardy of not graduating on time or dropping out of school have a chance at obtaining their basic education through the Pennsylvania Department of Military and Veterans Affairs' Keystone State ChalleNGe Academy.

Applications are being accepted for its first class of 2027, which begins in January at Fort Indiantown Gap in Lebanon County. There is no tuition cost to attend, and meals, housing, uniforms and school supplies are provided at no charge.

The program lasts for five-and-a-half months as a residential phase and 24 months of mentorship by academy staff back in home communities. [Learn more about the Keystone State ChalleNGe Academy and apply here.](#)

Job Opportunities for Nurses at PA Veterans Homes

Pennsylvania's six veterans homes care for our neighbors who answered the call to serve. The homes offer levels of care tailored to the specific health needs of residents and are supplemented with an array of clinical services.

Pennsylvania veterans homes are looking to hire registered nurses and license practical nurses to provide the kind of care that will allow veterans to live an active and healthy life with as much independence as possible.

[Learn more about these opportunities and apply here.](#)



For all your entertainment needs. Solo, Duo, Trio or Full bands
www.kirkmwise.com Call 717-979-0341

- | | | |
|-------------|---|---|
| Fri. 9/11 | — | Liquid Noise Brewing, Duncannon ...Kirk Duo 7-9 |
| Sat. 9/12 | — | Reid's Wine & Cider House, Gettysburg...Kirk Duo 6-9 |
| Tues. 9/15 | — | Range + Rye Restaurant @ Range End, Dillsburg...Kirk solo 6-9 |
| Thurs. 9/17 | — | Harmony Hall @ Hershey...Kirk solo 3-4 |
| Fri. 9/18 | — | Traditions of Hershey Event, Palmyra...Kirk solo 2-3 |
| Fri. 9/18 | — | Totem Pole Wine Farm, Carlisle...Kirk solo/duo 6:30-8:30 |
| Sat. 9/19 | — | Mt. Airy Orchards, Dillsburg ... Kirk solo/duo 11-2 |
| Sat. 9/19 | — | Captain Bob's Steamed Crabs, Railroad/ Shrewsbury...Kirk solo 6-8 |
| Sun. 9/20 | — | Sage Lane Fall Fest, Dillsburg...Kirk & Beth 10-Noon |
| Sun. 9/20 | — | Mt. Airy Orchards, Dillsburg ... Kirk solo/duo 1-4 |



NEW HOURS!

Starting September 8, our hours will be:
Monday through Thursday, 9:00 am to 8:00 pm
Fridays and Saturdays, 10:00 am to 5:00 pm
Sundays, 1:00 to 5:00 pm

Joseph T. Simpson Public Library
16 N. Walnut St.
Mechanicsburg, PA 17055
717-766-0171
mechanicsburg@cumberlandcountylibraries.org
www.simpsonlibrary.org

UPMC

LIFE CHANGING MEDICINE

Wheelchair Users Can Get Free, Essential Wheelchair Washes and Tune-ups at UPMC Carlisle

UPMC Carlisle will host a free wheelchair wash and tune-up for wheelchair users of all ages on Friday, Sept. 25, from 9 a.m. to 1 p.m. Volunteers and vendors will be on-site to wash wheelchairs, perform minor repairs and evaluate potential future problems.

"For people who rely on wheelchairs, mobility means independence," said Amy Mintmier, manager, Therapy Services, UPMC Carlisle. "Routine cleaning and maintenance help keep this essential equipment safe and reliable, allowing individuals to remain active and engaged in their daily lives and

communities."

Approximately 1 in 100 Americans use a wheelchair with an estimated one-half of these wheelchairs breaking down during a typical 6-month period. Repairs can cost hundreds of dollars, and without a backup chair, wheelchair users may be unable to perform daily tasks both inside and outside the home. Regular cleaning and maintenance can extend the life of a wheelchair and prevent potential injury to the user.

In addition to wheelchair wash and repair, there will be arts and crafts, an obstacle course, yard games, light snacks, health screenings, rehabilitation resources, and other vendors on site with resources available for wheelchair users.

[Pre-registration](#) is preferred, but walk-ins are also welcome.



Where Will the AVON Lady Be in September?

September 3-7: Dover Fireman's Carnival, 30 E Canal Rd, Dover 4p-9p daily

September 12: Falmouth Goat Races 101 Governor Stables Rd, E-town 9a - until races end

September 19: Mt. Holly Day, Mt. Holly Springs Street Fair 8am-3pm

September 20: Pumpkinfest @ Middletown Home 999 W Harrisburg Pike, Middletown 10a-6p

September 26: K-9 Fundraiser: Union Fire & Hose Co 30 E Canal Rd, Dover 11a – 4p

Sept 27: Winding Hill Mini Arts Fest Clubhouse Parking lot, Old Barn Rd Mechanicsburg 10a-3p

Our Mission

To enhance the lives of women, in the fight against breast cancer. Offering medical reimbursement, transportation costs, products and services free of charge to ease the journey. Serving all of Central Pennsylvania, the community that supports us. We can't do what we do without you.



Join Us!

We hope to see you there!

When:

Friday, September 11, 2026

Where:

Valley Green Golf Course
1227 Valley Green Rd
Etters, PA

7:00 a.m. | Registration

8:00 a.m. | Shotgun Start

Breakfast & Lunch provided

Follow Us!

On Social Media



@PinkHandsOfHope



@pinkhandsofhope

Contact Us!



www.pinkhandsofhope.org



5325 E. Trindle Road |
Mechanicsburg PA 17050



Info@PinkHandsofHope.org



Join Us for the Annual

Patrice Berkheimer Memorial

Day of Hope Golf Outing 2026

Friday, September 11, 2026

Benefiting Pink Hands of Hope

Sponsorships Available

Please select your level of sponsorship and return to PHOH with payment.

Deadline to register is August 14, 2026

Bright Pink Tournament Host \$2,500 (1 Available)

(2) Foursomes
On-site Recognition as Host
Hole Signage
Speaking Opportunity
Social Media

Beverage Cart Sponsor \$750 (1 Available)

Name on Cart
Hole Signage
Rep in Cart

Breakfast Sponsor \$350 (2 Available)

Recognition on Tables

Pink Sponsor \$1,000 (4 Available)

(1) Foursome
On-site Recognition
Hole Signage
Social Media

Lunch Sponsor \$500 (4 Available)

Recognition on Tables
Hole Sponsor

Hole Sponsor \$250 (18 Available)

SPONSORSHIP TOTAL \$ _____

Golfer Registration

___ x \$350 Each (Foursome) = _____

___ x \$100 Each (Individual) = _____

___ x \$25 Each (Power Package) = _____

Golfer Total: _____

Sponsorship Total (from above): _____

Total Due: _____

* Power Package includes 7 "Additional Games" of Skill, for Prizes
* Power Package will be \$30 if bought day of tournament
* Skill Games are included in the regular price

Donations

I would like to donate a:



Swag Bag Item



Raffle Basket

Please call or email to make drop-off arrangements.

Register Here!

Name: _____
Company: _____
Address: _____
City/State/Zip: _____
Phone (Required): _____
Email (Required): _____

Players Names:
1. _____
2. _____
3. _____
4. _____

Don't have a group to play with? We'll happily pair you with other players.

Please return this form along with your check to:

Pink Hands of Hope

Attn: Debra Donadee
5325 E. Trindle Road
Mechanicsburg, PA 17050

or add credit card info below:

Card Number: * _____

Expiration Date: ____/____ CV: ____

* Credit Card Company will charge 3% convenience fee

Thank you so much for your consideration.
We appreciate any help you can provide!

Tuesday, September 29, 2026

5:00 pm - 6:30 pm - Veterans Square, Carlisle, PA



WALK THE MILE

BECAUSE HERSTORY COUNTS

Help raise awareness around violence prevention, support victims & survivors, and envision a world without violence.

- Start a team
- Set a fundraising goal
- Rally your circle to donate.

Prizes will be awarded to the top fundraiser and fundraising team! More importantly, they'll be leading the way in ensuring survivors have access to the resources they deserve.



ywca
carlisle & cumberland county
ywcacarlisle.org

Thank you to our Sponsors



ANDREOZZI + FOOTE
SEXUAL ABUSE LAWYERS



**Register today or
text to donate:
WTM to 50155!**

**All funds raised by Walk the Mile will go to support survivors with emergency housing, food, free counseling sessions, and more!*

CLICK HERE FOR MORE INFORMATION

Over The EDGE

RAPPEL FROM THE ROOF!
VOLUNTEER. DONATE. WATCH.



October 9

17 North 2nd Street
Harrisburg, PA 17101

Over The Edge raises
funds for our one-to-
one youth mentoring
program.

Go to new heights to
make a BIG difference
for a child in your
community.

 **Big Brothers Big Sisters®**
OF SOUTH-CENTRAL PA



The official registration and financial information of Big Brothers Big Sisters of South-Central PA may be obtained from the PA Department of State by calling toll free 1-800-732-0999. Registration does not imply endorsement.

**REGISTER
TODAY: BBBSSCPA.ORG**

*Rappelers are asked to fundraise a minimum of \$1,000 prior to their rappel.



UPMC in Central Pennsylvania Ranks Among America's Top Hospitals for Heart Attack Care

Five UPMC hospitals in central Pennsylvania have received the American College of Cardiology's NCDR Chest Pain—MI Registry Platinum Performance Achievement Award for 2026. UPMC Carlisle, UPMC Hanover, UPMC Harrisburg, UPMC Memorial and UPMC West Shore are among only 350 hospitals nationwide to receive the honor.

"Being recognized among the nation's top-performing hospitals underscores UPMC's dedication to achieving the best possible outcomes for our heart attack patients," said Michael Bosak, M.D., chair of cardiovascular services, UPMC Heart and Vascular Institute in Central Pa. "This award reflects the skill, experience and coordinated efforts of our multidisciplinary team in delivering lifesaving care."

The award signifies that the UPMC Heart and Vascular Institute in Central Pa. has reached an aggressive goal of treating these patients to standard levels of care as outlined by the American College of Cardiology/American Heart Association clinical guidelines and recommendations.

To receive the Chest Pain – MI Registry Platinum Performance Achievement Award, the hospitals have demonstrated sustained achievement in the Chest Pain – MI Registry for two consecutive years (2024 and 2025) and performed at the highest level for specific performance measures. Full participation in the registry engages hospitals in a robust quality improvement process using data to drive improvements in adherence to guideline recommendations and overall quality of care provided to heart attack patients.

The Centers for Disease Control estimates that over 800,000 Americans suffer a heart attack each year. A heart attack occurs when a blood clot in a coronary artery partially or completely blocks blood flow to the heart muscle. Treatment guidelines include administering aspirin upon arrival and discharge, timely restoration of blood flow to the blocked artery, smoking cessation counseling and cardiac rehabilitation, among others.

Chest Pain – MI Registry empowers health care provider teams to consistently treat heart attack patients according to the most current, science-based guidelines and establishes a national standard for understanding and improving the quality, safety and outcomes of care provided for patients with coronary artery disease, specifically high-risk heart attack patients.

UPMC Harrisburg and UPMC West Shore was also named the No. 1 hospital in the Harrisburg metro area and No. 7 in Pennsylvania in U.S. News & World Report's 2026-2027 Best Hospitals rankings, with UPMC Harrisburg receiving high-performing ratings in several heart and vascular specialties including heart arrhythmia, heart attack, heart failure and heart bypass surgery.

For more information or to schedule an appointment at the UPMC Heart and Vascular Institute, visit UPMC.com/CentralPaHeart



Cumberland Area
Economic Development
Corporation

LSA Statewide Grant Applications Currently Open – Connect With CAEDC To Apply

The Local Share Account (LSA) Statewide grant is now open for applications, and interested non-profits can apply through the Cumberland Area Economic Development Corporation (CAEDC). CAEDC is seeking applicants who are non-profit organizations and need funding for projects that either have an economic development or tourism component in the region. Projects must be at least \$25,000, and the maximum grant request is \$1 million.

Eligible uses include real estate acquisition, construction, demolition, infrastructure, and the purchase of vehicles, machinery, and equipment (excluding uniforms, protective equipment, consumable supplies, and furniture), as well as planning, consulting, and design costs.

For construction projects specifically, engineering, design, inspection, and permitting costs may be included up to 10% of the total grant request, with contingency costs capped at 5% of eligible construction costs.

Interested, qualified applicants can apply on CAEDC's online application at CumberlandBusiness.com/lsa-application.

Complete applications must be submitted to CAEDC by October 31, 2026.

To discuss your project or if you have any questions, contact Alyssa Smith, CAEDC Grants Manager, at Alyssa@cumberlandbusiness.com or 717-240-7184.

The LSA Grant is funded through the PA Race Horse Development and Gaming Act (Act 2004-71), as amended, which provides for the distribution of gaming revenues through the Commonwealth Financing Authority (CFA) to support projects in the public interest within the Commonwealth of Pennsylvania.



Corporate & Event Wellness Experiences

Relax · Release · Restore



SHORT, PROFESSIONAL WELLNESS EXPERIENCES DESIGNED FOR MEETINGS, EMPLOYEE APPRECIATION EVENTS, CONFERENCES, AND PRIVATE CORPORATE GATHERINGS.

A FLEXIBLE WELLNESS EXPERIENCE, OFFERED AT YOUR WORKPLACE OR AT A CAREFULLY SELECTED LOCATION.

WELLNESS EXPERIENCE MENU

Participants may select the experience that best matches their comfort and wellness goals.

1. SEATED DEEP RELAXATION — 20 MIN.

A fully clothed, product-free relaxation session focused on the scalp and temples, neck, shoulders, upper back, and arms as time allows.

Ideal for: Meeting breaks, desk-based teams, conferences, and employee appreciation events.

2. WARM HAND & ARM RITUAL — 20 MIN.

A comforting skin-care ritual featuring hand cleansing, gentle exfoliation, a warm towel, hydrating oil or cream, and relaxation of the hands and forearms.

Ideal for: Computer users, client-facing events, and participants who prefer a focused hand-care experience.

3. FOOT COMFORT & RELAXATION RITUAL — 20 MIN.

A portable foot-care experience featuring warm-towel cleansing, optional light exfoliation, hydrating oil or cream, and gentle foot relaxation.

Ideal for: Wellness lounges, appreciation events, and guests who spend long hours standing or walking.

4. EXPRESS GLOW FACIAL — 20 MIN.

A streamlined facial designed to refresh the skin. The 20-minute format includes cleansing, gentle exfoliation, hydration, and daytime protection.

Best provided in a quiet, semi-private area. Participants should arrive without makeup or consent to makeup removal.

5. REIKI RELAXATION RESET — 20 MIN.

A quiet, fully clothed, non-medical relaxation experience designed to encourage calm, mental rest, and a sense of balance. Hands may rest lightly on approved areas or remain just above the body.

No spiritual or religious belief is required. Participation is always optional and based on individual consent.

SIMPLE TIMING & PRICING — 20-MINUTE WELLNESS EXPERIENCE — \$40 PER PARTICIPANT — MINIMUM BOOKING: 5 PARTICIPANTS

CUSTOMIZED FOR YOUR EVENT

The final experience can be adapted to the number of participants, meeting agenda, available space, privacy needs, and preferred combination of services. A quiet area, standard electrical access, and a nearby hand-washing area may be requested depending on the selected menu.



717-462-3951



info@holisticaurash.com



www.holisticaurash.com



5004 Lenker St, Suite 102, Mechanicsburg, PA 17050



British Swim School is offering homeschool PE lessons with a lifesaving purpose!

For Pennsylvania homeschooling families, physical education can be much more than a box to check.

The most meaningful PE activities help children become stronger, practice new skills, build confidence, and develop healthy habits. Swimming offers all of those benefits while also teaching water-survival skills that could matter in an emergency.

That is why British Swim School of Greater Harrisburg is making weekly swimming more accessible for local homeschool families.

Homeschooling families receive 15% off monthly tuition when they enroll in daytime Wednesday lessons at British Swim School at LA Fitness in Camp Hill, PA.

Read More

Select one of our Wednesday daytime lessons to get started, and make sure you enter code "**Homeschool**" when registering so that we know to give you that discount!

Enroll Today!

**Swimmingly,
British Swim School of Greater Harrisburg**



TalkPATransportation.com



Pennsylvania
Department of Transportation



State Transportation
Commission

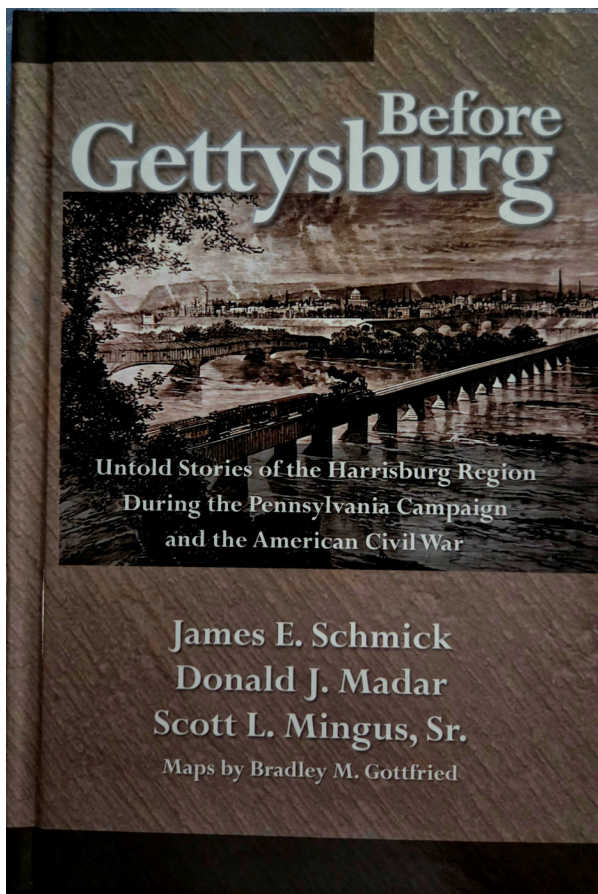
The State Transportation Commission (STC), PennDOT, and Pennsylvania's Metropolitan and Rural Planning Organizations (MPOs and RPOs) are excited to announce the availability of Pennsylvania's adopted 2027 12-Year Transportation Program (TYP).

Your support of Pennsylvania's TYP update process is greatly appreciated and valued by the STC. Your review and input of statewide transportation projects help us to improve Pennsylvania's transportation infrastructure, enhance safety, and develop modern mobility solutions.

The TYP is PennDOT's official mid-range planning tool, which lists statewide planned projects across all modes of transportation and assigns funding over a 12-year period. Pennsylvania State Law, Act 120 of 1970, as amended, requires PennDOT to prepare, update, and submit Pennsylvania's TYP every two years to the STC.

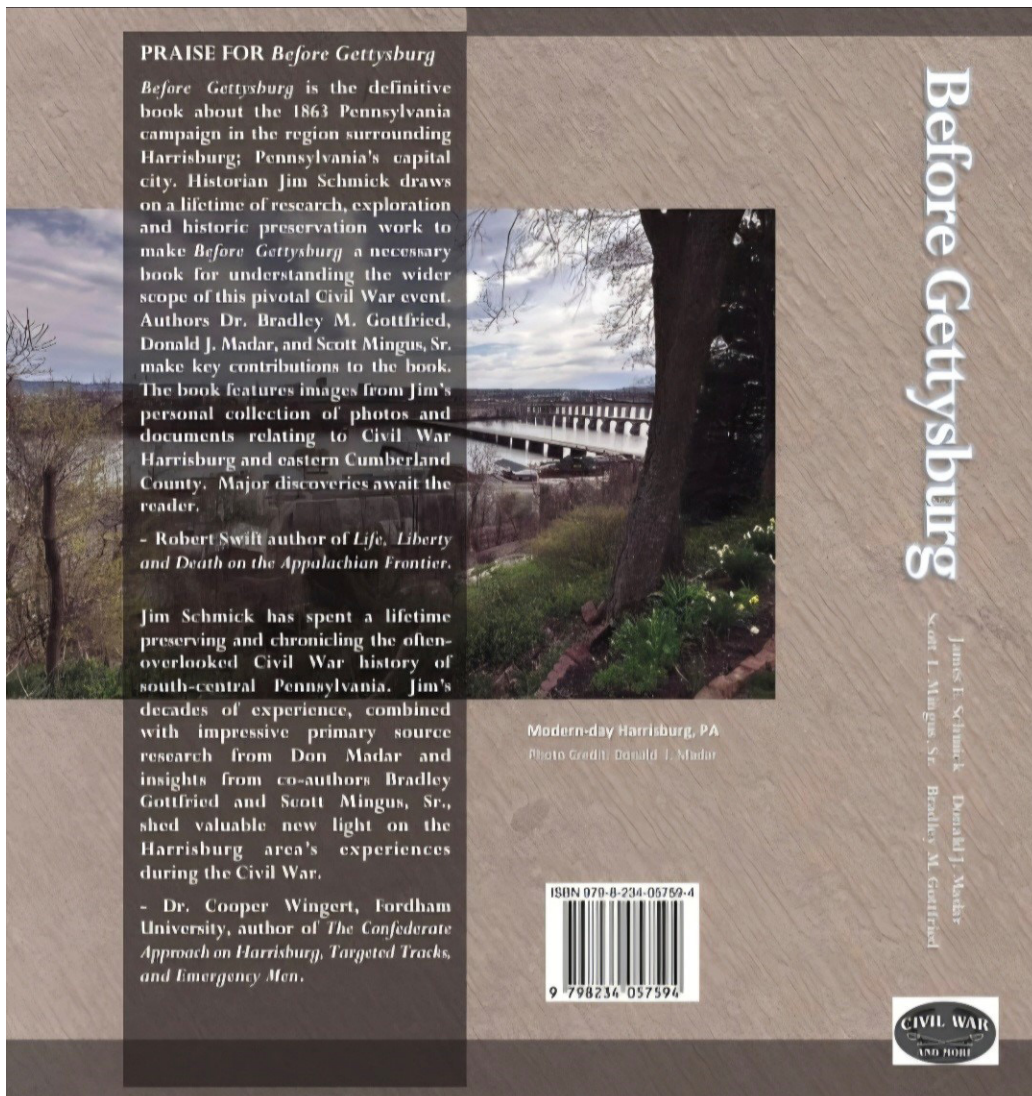
The STC adopted the 2027 TYP on August 5, 2026. [View the 2027 TYP on our website](#) to see which transportation projects are planned in Pennsylvania over the next 12 years.

VIEW THE 2027 12-YEAR PROGRAM



Civil War and More proprietor, local historian, and co-founder of the Camp Curtain Historical Society/ Civil War Roundtable, Jim Schmick, has released his newest book pertaining to our Central PA region from 1861-1865.

The hardback publication has 611 pages which feature 600 Images and 40 Maps



You can purchase your copy (and even get it signed by the author) at

Civil War and More
10 South Market Street
Mechanicsburg Pa

10:30-4:30.
Monday
Wednesday
Thursday
Friday

Saturday by appointment
717-766-1899

Civil War and More is proudly celebrating its 25th Anniversary Year in Mechanicsburg and is a long supporting member of the Mechanicsburg Chamber of Commerce.

Disaster Assistance for Business and Private Nonprofits



DISASTER RECOVERY

Businesses • Homeowners
Renters • Nonprofits

9/1/26

PA-20027/21428

SBA Disaster Assistance Available for Pennsylvania Businesses and Private Nonprofits

The U.S. Small Business Administration announced the availability of low-interest federal disaster loans for eligible small businesses and private nonprofit organizations impacted by rainfall occurring May 2, 2025 – July 17, 2025.

Eligible Counties

Pennsylvania: Adams, Cumberland, Dauphin, Franklin, Perry, and York

Who Can Apply

- Small businesses
- Private nonprofits & faith-based organizations
- Small agricultural cooperatives
- Small aquaculture enterprises

Loan Assistance Available

- Economic Injury Disaster Loans: Working capital assistance for operational expenses caused by the disaster.

Key Loan Details

- Up to \$2 million in loan funding
- Interest rates as low as 4% for small businesses and 3.625% for private nonprofit organizations
- Loan terms of up to 30 years
- No interest or required payments during the first 12 months following disbursement

Apply online: sba.gov/disaster

Application Deadline: Economic Injury Disaster Loans: Sept. 29, 2026

Applicants may call the SBA Customer Service Center with questions regarding their application at (800) 659-2955 or email disastercustomerservice@sba.gov. For people who are deaf, hard of hearing, or have a speech disability, please dial 7-1-1 to access telecommunications relay services.

SCAN ME





U.S. Small Business
Administration

U.S. SMALL BUSINESS ADMINISTRATION FACT SHEET – ECONOMIC INJURY DISASTER LOANS

(SBA DISASTER DECLARATION DUE TO DESIGNATION BY THE SECRETARY OF AGRICULTURE)

PENNSYLVANIA Declaration 21428

(Disaster: PA-20027)

Incident: RAINFALL

occurring: May 2, 2025 through July 17, 2025

in **Cumberland County, Pennsylvania**; and the contiguous **Pennsylvania** counties of: **Adams, Dauphin, Franklin, Perry and York**

Application Filing Deadline: September 29, 2026

Disaster Loan Assistance Available:

Economic Injury Disaster Loans (EIDLs) – Working capital loans to help small businesses, small agricultural cooperatives, small businesses engaged in aquaculture, and most private, non-profit organizations of all sizes meet their ordinary and necessary financial obligations that cannot be met as a direct result of the disaster. These loans are intended to assist through the disaster recovery period.

Credit Requirements:

- Credit History – Applicants must have a credit history acceptable to SBA.
- Repayment – Applicants must show the ability to repay the loan.

Interest Rates:

The interest rate is determined by formulas set by law and is fixed for the life of the loan. The maximum interest rate for this program is 4 percent.

Loan Terms:

The law authorizes loan terms up to a maximum of 30 years. SBA will determine an appropriate installment payment based on the financial condition of each borrower, which in turn will determine the loan term. Borrowers may be required to provide collateral.

Loan Amount Limit:

The law limits EIDLs to \$2,000,000 for alleviating economic injury caused by the disaster. The actual amount of each loan is limited to the economic injury determined by SBA, less business interruption insurance and other recoveries up to the administrative lending limit. SBA also considers potential contributions that are available from the business and/or its owner(s) or affiliates. If a business is a major source of employment, SBA has the authority to waive the \$2,000,000 statutory limit.

Loan Eligibility Restrictions:

- The applicant business must be located in the declared disaster area.
- Only uninsured or otherwise uncompensated disaster losses are eligible.
- The economic injury must have been the direct result of the declared disaster.
- Nurseries are only eligible for economic injury caused by declared drought disasters.
- By law, agricultural enterprises such as farmers and ranchers are not eligible for any type of SBA assistance.
- Applicants who have not complied with the terms of previous SBA loans are not eligible. This includes borrowers who did not maintain flood and/or hazard insurance on previous SBA loans.
- Loan assistance is available only to the extent the business and its owners cannot meet necessary financial obligations due to the disaster. This determination is made by SBA.

Note: Loan applicants should check with agencies / organizations administering any grant or other assistance program under this declaration to determine how an approval of SBA disaster loan might affect their eligibility.