

10,24,24

6 West Strawberry Avenue, Mechanicsburg, PA 17055 (717) 796-0811 www.mechanicsburgchamber.org

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News, Events & more!

Seeking HOSTS for 2025 EVENTS

- Business Women's Networking Luncheon
 - After Hours Mixer
 - Business Leaders Discussion Group

BE A HOST and showcase your business, service and more...

CHAMBER EVENTS

Watch for Weekly Updates!!

October

29 - AM Strategies... for Business Success - PCI (PA Chamber Insurance) - Location sponsor **- Joseph T. Simpson Public Library**, 16 N Walnut St, Mechanicsburg. 8:30am - 10:00am.

31 - Business Leaders Discussion Group - Sponsored by **PaySmart Payroll Services**, 650 Wilson Ln, Ste. 100, Mechanicsburg. 7:45 - 9:00am. Members only event.

November

12 - Business Women's Networking Luncheon - Residence Inn Mechanicsburg, 2040 Technology Pkwy, Mechanicsburg. 11:30am - 1:00pm. FREE member event.

RSVP to info@mechanicsburgchamber.org

For a full calendar of chamber and member events, visit www.mechanicsburgchamber.org/events

Thank You For Renewing Your Membership!

Flipping Out Tumbling Mid Penn Bank

Join us for

More Than a Broker: PA Chamber Insurance

For Your Business, For Your People, For Your Health
Breakfast Seminar

Date: October 29, 2024

Time: 8:30 a.m.

Joseph T. Simpson Public Library 16 N. Walnut Street, Mechanicsburg Pa 17055

Open Enrollment is Quickly Approaching!

Pennsylvania Chamber Insurance is the leading expert in employee benefit programs. Please join us for this informational seminar touching on the services and the expertise you will receive by partnering with us for all your benefit needs!

REGISTER
ONLINE URL | CONFERENCE HOTLINE





For your Business. For your People. For your Health.

Mechanicsburg Chamber of Commerce presents:

Business Leaders Discussion Group

Thursday, October 31 7:45 - 9:00 am

Sponsored by
PaySmart Payroll Services
650 Wilson Ln, Suite 100
Mechanicsburg



RSVP to info@mechanicsburgchamber.org or call 717-796-0811.

This members-only event is **free** to attend!

Bring your questions and business topics and hear what others have to say!



Welcome Chase Fitness

The Mechanicsburg Chamber of Commerce joined Melissa Chase, government officials, family, friends and the staff of Chase Fitness to cut the ribbon for their new location. The Personal Training Gym offers small group, 1 on 1 private training, and nutritional advice to help reach personal fitness goals. The new center is located at 4928 Louise Drive, Suite 103, Mechanicsburg in the Rossmoyne Business Center complex.

Business Women's Networking Luncheon

Tuesday, October 8
Due to construction issues,
this event has been postponed until
Tuesday, November 12
11:30am - 1:00pm

Residence

The new Residence Inn Mechanicsburg welcomes the Business Women's Networking Luncheon for October.

Come check out the area's newest all suite hotel and the fine accommodations that blend the perfect combination of comfort and convenience.

Introduce yourself and your business to familiar faces and hopefully some new ones, too. Come network with local business women and enjoy a light lunch.

Don't forget to bring your business cards to MIX & MINGLE.

Residence Inn Mechanicsburg 2040 Technology Parkway Mechanicsburg

Reservations required.
RSVP to info@mechanicsburgchamber.org





To expand the reach of our state services, my district office will set up at local senior centers to assist residents and guests with state-related issues. My office can facilitate Property Tax/Rent Rebate Program applications and check for unclaimed property.

To learn more about the recent expansion of the Property Tax/Rent Rebate Program, as well as eligibility guidelines and documentation needed to file an application, please click here.

You can also watch this video to learn more.

For questions, call 717-761-4665.

National Cybersecurity Awareness Month

With cybersecurity threats on the rise, Treasurer Stacy Garrity and the Pennsylvania Bankers Association have teamed up to highlight steps consumers can take to help keep their personal information safe. They are as follows:

- Check your account at least once a day so you notice suspicious activity faster. Report any suspicious purchases as soon as possible.
- Change your online banking password regularly; use
 passwords that combine letters, numbers and symbols; and never share your username and
 password.
- Avoid doing online banking or shopping over public wi-fi.
- When shopping online, use reputable merchants and make sure the webpage payment screen begins with "https" and has the tiny padlock symbol at the bottom of the page.
- Don't open emails that appear suspicious, especially if the message contains links to websites.
- Always log out of your online banking website when you're done.
- Lock your computer or your smartphone when you're not using it.



Read more here.



KIRK WISE UPCOMING SOLO, DUO & BAND PUBLIC DATES

Thurs. 10/24 – Totem Pole Wine Farm/ Ranch, Carlisle...Kirk solo 6:30-8:30

Fri. 10/25 – Hemauer Brewing, Mechanicsburg...Kirk solo 6:30-9

Sat 10/26- Captain Bob's Steamed Crabs, Railroad/ Shrewsbury...Kirk solo 6-8

Sun. 10/27 – Adams County Winery, Ortanna...Kirk solo 1-4

Tue. 10/29 – Greystone Brew House@ Range End , Dillsburg...Kirk solo 6-9

Fri 11/1 – Dill Tavern First Friday, Dillsburg... Kirk solo 6-8

Sat. 11/2- Grandpa's Love Shack BBQ Restaurant, Shermansdale... Kirk & Beth Duo 6-8

Tue. 11/5 – Greystone Brew House@ Range End , Dillsburg...Kirk solo 6-9

Fri. 11/8 – Sage Lane Pop Up sale, Dillsburg...Kirk solo 1-4

For complete up-to-date schedule, information, and photos go to www.jazzmeband.com

Bookings: call Kirk at 717-979-0341 or E-mail wisemotors@aol.com

Tour sponsors:
FARNHAM INSURANCE,
MEMBERS 1st F. C. U.,
CLASSIC DRY CLEANERS, STUDIO D &
LANDON WISE PHOTOGRAPHY



GFWC (General Federation of Women's Clubs) Mechanicsburg

The next meeting will be on Tuesday, November 12, 2024 at 6:45 PM at Buhrig's Gathering Place parking lot, 25 East Main Street, Mechanicsburg. The program will be a mystery trip.

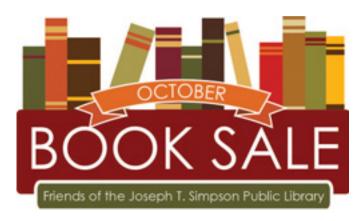
Would you like to know more about how we serve the community while helping Veterans, libraries and schools? Come for a visit to find out.

For more information, contact Sue at 717.243.9872 visit our website at http://gfwcmech.tripod.com/



The Friends of Simpson Library present their October Book Sale on Saturday, October 26, and Sunday, October 27.

The regular Book Sale is on Saturday, October 26, from 9:00 am - 2:00 pm. Sunday, October 27, from 1:00 - 3:00 pm, the Friends of Simpson will be having their Bag Sale - all the books you can fit in a level bag for only \$10.00! Some restrictions apply. Paper bags supplied by the Friends of the Library.



The Book Sale is held at:
Book Sale & Donation Center
45 West Allen Street, Mechanicsburg

Book Sale Map – Plan your shopping trip!

Book Sale Prices – Here's the current price list! You can pay with cash or credit card.

Friends of Simpson Library Book Sales



OCTOBER JOB FAIRS HOSTED BY NEW HOPE MINISTRIES

This October, New Hope Ministries will host Job Fairs on different days at its Dillsburg and Mechanicsburg Centers, one of which is dedicated to the health care field. Local employers will be on hand to speak to interested candidates about various employment opportunities. Information about all of New Hope Ministries' Job Training programs (to prepare people for

employment) will also be available. These events are free and open to the public.

The Mechanicsburg Job Fair takes place on Tuesday, October 29 from 1:00 to 3:00 p.m. at our Mechanicsburg Center located at 5228 E. Trindle Road, Mechanicsburg. For more information, please contact New Hope at (717) 766-7333.

The Dillsburg Health Care Job Fair takes place on Wednesday, October 30 from 1:00 to 3:00 p.m. at our Dillsburg Center located at 99 W. Church Street in Dillsburg. For more information, please contact New Hope at (717) 432-3053.

INTERVIEW OPPORTUNITIES AVAILABLE

New Hope Ministries is a community-based, Christian social service agency that shows the love and hope of Christ by meeting the needs of low-income and needy families and individuals through crisis assistance centers in Dillsburg, Dover, Enola, Hanover, Littlestown, Mechanicsburg, New Oxford, Red Land, and West Shore. New Hope provides help with food, housing, utility, transportation, job training, employment needs, and youth programs to more than 25,000 individuals every year. For more information, visit www.nhm-pa.org or call 717-432-2087.



Shop our vendor fair, order food from our food trucks.
FREE Fall fun, kids crafts and games!



Seeking HOSTS for 2024 & 2025 EVENTS

- Business Women's Networking Luncheon
 - After Hours Mixer
 - Business Leaders Discussion Group

BE A HOST and showcase your business, service and more...

For more information - on HOSTING AN EVENT contact the Chamber office at 717-796-0811 or email - info@mechanicsburgchamber.org.



Night of Worship



Saturday, October 26th - 3 PM Grace Baptist Church, Lancaster with livestream option available



Experience The Gospel of Mark performed dramatically word-for-word from the ESV Bible. This one-man Scripture Performance will surprise and delight you with creative storytelling that will take you to the places Jesus went and introduce you to the many people Jesus called to follow Him. Be inspired, challenged, and moved by the power of the Word of God as you watch the revealing of the Son of God live on stage.



Can't make it in person? Host a watch party from your location!

GET YOUR TICKETS TODAY!

Pricing is on a pay-as-you-will basis and equally supports both ministries.



thetide.org/now



UPMC to Host Multiple October Career Events Throughout Region

In October, UPMC is hosting multiple events designed to make it easier and more accessible for job seekers to find new careers and for high school students to learn about opportunities in health care. These events will be held at or near UPMC hospitals in Carlisle, Hanover, Harrisburg, Lititz, Mechanicsburg and York.

With a variety of event styles and locations, all potential job seekers can find an event that fits their needs, from experienced professionals looking to make a change to recent graduates preparing to start their careers to high school students seeking more information about the many opportunities available in health care fields. Registration and details for all events can be found at careers.UPMC. com/events.

Find Your Fit Career Fairs

A Find Your Fit career fair will be held at each of UPMC's hospitals in central Pennsylvania between Oct. 9 and Oct. 24 from noon to 6 p.m. Visit careers.UPMC.com/events for details on specific dates and locations. Attendees can apply onsite, have their resumes reviewed, and meet with UPMC Human Resources representatives and hiring managers — and may be offered an onsite interview. Information will be available regarding the UPMC Scholars Program, sign-on bonus opportunities and UPMC's Total Rewards benefits packages, which are designed to support employees' physical, financial and emotional well-being. The event is open for those pursuing any clinical or non-clinical role at UPMC, including nursing, patient care support, laboratory, imaging technologies, pharmacy, office support, safety and security, and many more areas.

Health Care Career Nights

Health Care Career Night brings together health care departments and local colleges and universities to create an opportunity for high school students and their families to not only learn about roles in health care but discover what training or skills are needed to embark on those careers. Health care is one of the fastest growing employment sectors in the United States. Careers can range from direct patient care, like nursing or therapy, to behind-the-scenes work in a laboratory or pharmacy, to non-clinical positions in support services and professional or administrative areas. Attendees can meet UPMC health care professionals, ask questions, learn about UPMC's career paths and student education benefits and experience hands-on activities. All events are from 6 to 8 p.m., with more details on dates and locations available at careers.UPMC.com/events.

Talk to Us Tuesday Walk-in Career Events

The final Talk to Us Tuesday walk-in career events of the year will be held on the second Tuesdays in October (Oct. 8) and November (Nov. 12) from 10 a.m. to 1 p.m. in each UPMC hospital lobby. Attendees can explore rewarding careers at UPMC, meet with recruiters and hiring teams and get

assistance with resumes, job searches or applications. Talk to Us Tuesday is open to anyone, from experienced professionals to students. No appointment is needed. Although not limited to these areas, these events are focused on a variety of roles in imaging technology, laboratory, nursing, pharmacy, patient care support and allied health.

Registration: Individuals can register online for any of these events to select a location and area of focus. Registration is not required but is highly encouraged for Find Your Fit and Health Care Career Night, especially for those wishing to complete an interview at the event. Visit careers.UPMC.com/events.

Virtual seminars

What Do Seizures in a Child Mean?

Advancements in Osteoarthritis Treatment that Can Improve Your Life

Learn what options UPMC offers to treat osteoarthritis. Hear from a panel of specialists how lose dose radiation therapy, surgery and/or medications can be used to relieve your osteoarthritis pain.

- o Virtual Wed., Oct. 30, 6:30 p.m.
- o To register, visit UPMC.com/VirtualEvents or call 717-231-8900.

In-person event

Free Hernia and Reflux Screening and Educational Event

Do you have swelling, a bulge, or pain in the abdomen, pelvis, or groin area – possible signs of a hernia? Do you have frequent heartburn or pain in the chest or upper abdomen, use reflux meds daily, or have you been diagnosed with a hiatal hernia? Join us for a free private screening and educational talk and let our UPMC doctors determine the best treatment plan for you. Where available, try our robotic-assisted technology for yourself.

- o Sat., Nov. 2, 9 a.m. noon
- o UPMC West Shore 1995 Technology Parkway, Mechanicsburg
- o Advance registration is required. Register at UPMC.com/CentralPaEvents or call 717-231-8900.

Chamber Chatter is published on-line every Thursday.

We encourage member businesses to send us information on sales, promotions, news and events. It is a great way to promote your business or organization.

Chamber Chatter advertisements will remain for up to 4 weeks, or as space permits.

If you have something to share, please submit it by Wednesday at noon to info@mechanicsburgchamber.org.

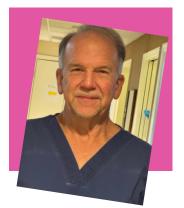
Chamber Chatter advertising is a FREE member benefit.

PINK OCTOBER @ EAST MAIN DENTAL

Fundraiser/Raffle to benefit
Pink Hands of Hope

in Mechanicsburg

HAVE YOU EVER WANTED TO PUT A
PIE IN THE FACE OF YOUR DENTIST?
NOW IS YOUR CHANCE! BE THE
HIGHEST BIDDER AND YOU WILL
HAVE THAT CHANCE.







PAFFLE ITEMS: 55 INCH TV DINNER & I NIGHT HOTEL STAY ORAL B ELECTRIC TOOTHBRUSH TAKE HOME WHITENING TRAYS HERSHEY BEARS TICKETS

Stop in at 324 E Main St Mechanicsburg to bid and purchase raffle tickets. October 1-31 Mon- Wed 8-5 Thur 7-1. Pieing will happen 10/31 @ 1:30

Cumberland Area Economic Development Corporation

Register Here

Economic Development Strategy Seminar

DCED Secretary Rick Siger will discuss the Commonwealth's Economic Development Strategy and how this year's budget investments will create growth. Following his presentation, a funding panel will share insights from the applicant's perspective.



Rick Siger DCED Secretary

Nov 13, 2024 · 8:30 am- 11:30 am

Central Penn College



Cumberland Area
Economic Development
Corporation





Jennifer J. Doyle

TFEC President & CEO

Join us for a warm and engaging "drop-in" event to meet Jennifer J. Doyle, the new President and CEO of TFEC. As she ushers in a fresh vision for our community, we invite you to come by, say hello, and share in this exciting new chapter.

Click the button below to find an event near you.

NEXT EVENT Mechanicsburg, Pa. Wednesday, November 13 4-7 p.m



REGISTER TODAY



Support local **Blessing Boxes** and **Little Free Pantry** with your food donation! For the months of October and November, we ask that you collect nonperishable foods at your home or office. These Blessing Boxes provide barrier-free access to food any time.

Drop off items to First United Methodist Church Mechanicsburg (135 W. Simpson Street, 717-766-4611) or if you need it picked up, contact Lori Hoffnagle at I_hoffnagle@yahoo.com. Donations will be distributed to all three locations.



Most needed items

Canned Vegetables
Canned Meat (tuna, chicken)
Small Cereal Boxes
Pasta and Pasta Sauce
Peanut Butter and Jelly

UNEXPIRED & NONPERISHABLE FOOD ONLY

Blessing Boxes located at Trinity
Lutheran Church (132 E. Main), Turning
Point Church (near Finkenbinder Park)
and Little Free Pantry at First UM Church,
Mechanicsburg

Questions, contact Lori Hoffnagle at I_hoffnagle@yahoo.com



The Corporate Transparency Act

Starting January 1, 2024, the Corporate Transparency Act (CTA) requires certain entities to disclose beneficial ownership information (BOI) to the Financial Crimes Enforcement Network (FinCEN). This is separate from tax filings with the IRS. Entities required to report include any entity created by filing a document with a secretary of state or any similar office under the law of a state or Indian tribe (i.e., Limited Partnership, Limited Liability Partnership, Limited Liability Company, Corporation, etc.). Penalties for willfully not complying with the BOI reporting requirement can result in criminal and civil penalties of \$500 per day and up to \$10,000 and/or up to two years of jail time.

CTA Webinars

Corporate Transparency Act's Beneficial Ownership Information Requirement

November 20, 2024 from 9:00 AM - 10:00 AM

Presented by Andy P. Berger & Katherine Pandelidis Granbois at Saxton & Stump

In this webinar, Justin Abodalo will discuss the basics of the Corporate Transparency Act (CTA) and who the reporting obligations apply to, bringing about compliance obligations with FinCEN. Justin will also discuss the constitutional challenges made against the CTA in the Alabama District Court case NSBA v. Yellen, and anticipated results once an appellate court issues a decision on the appeal.

Register Now >

CTA Resources

- Beneficial Ownership Reporting Requirement Toolkit, from the The U.S. Department of
 the Treasury's Financial Crimes Enforcement Network (FinCEN), contains templates and
 sample content structured to allow private, public, and non-profit organizations to share and
 amplify this important information. It also includes a general background on the reporting
 requirements, templates for newsletters, websites, and emails, sample social media posts and
 images, and information on how to contact FinCEN.
- Trout CPA's Corporate Transparency Act handout includes information on the filing options, compliance requirements, and exemptions.

For questions or assistance, please contact your Trout CPA professional.

930 Century Dr, #104 Mechanicsburg, PA 17055 717-697-2900 www.troutcpa.com



Big Brothers Big Sisters of the Capital Region (BBBSCR) Raises \$86k with Over The Edge Rooftop Rappel

82 individuals brave 18-story descent to raise funds and awareness for BBBSCR youth mentoring programs

Big Brothers Big Sisters of the Capital Region (BBBSCR) took the community to Harrisburg's skyline with Over The Edge, a rooftop rappelling adventure fundraiser. On Friday, October 4th, over 80 daring participants climbed to the roof of Market Square Plaza in downtown Harrisburg and braved a 200-foot rappel down the face of the building in support of the youth mentoring organization.

"We soared past our goal this year, and the timing could not have been any better; our services increased 53 percent over the last year, and we are extending our reach into 2 counties. We are incredibly grateful to our sponsors, participants, donors and volunteers who helped us raise \$86,782, with donations still coming in, and filled every available rappel spot," shared Mary Murphy, BBBSCR VP of Development.

As they prepared for their exhilarating ascent to new heights, many participants surpassed their fundraising goals. "Every dollar makes a difference, keeping our programs going and growing – creating life-changing friendships and empowering youth to dream BIG!" says Murphy.

The event brought the community together, strengthening the network of support for over 1,000 young people across the organization's 7-county service area. Over The Edge was made possible thanks to the generosity and dedication of individual rappelers and corporate sponsors including Presenting Sponsor, Fleet Repair Solutions, LLC. "We are deeply grateful to Fleet Repair Solutions for sponsoring Over The Edge and investing in the potential of our youth," says Murphy.

Ten rappelers from Fleet Repair Solutions descended the ropes to the cheers of their families, friends and coworkers, creating a vibrant finale for the event. Dan Kemmerer, President & CEO, of Fleet Repair Solutions, LLC. and his team are passionate about providing mentorship to local youth, helping them to build confidence and reach their potential. "There are so many kids that want to be Littles that are looking for someone in their lives to show them what's available out there," says Kemmerer. "I really hope that us being able to donate a little and to go Over The Edge with a few of our employees will help bring attention to the need that's here."

BBBSCR will continue accepting donations through November for their Over The Edge fundraiser at: tinyurl.com/OTE2024. For more information about Big Brothers Big Sisters and how you can get involved, please visit CAPBIGS.ORG.



BACK to school: Preparing your child for their scoliosis exam

Naveed Nabizadeh, M.D. - Spine Surgeon, Orthopaedic Surgeon

Some may consider it a rite of passage in the middle school years – having their back examined by the school nurse.

But what exactly is the nurse checking for? And how can you prepare your child for this experience?

Scoliosis is a condition where your child or teenager's spine has an abnormal C or S shaped curvature. The condition primarily affects girls – many of whom will live their lives unaware of and/or not needing treatment for it. An estimated three to five out of every 100 children will have a degree of scoliosis that needs to be treated by a medical professional.

What are some signs my child might have scoliosis?

Sometimes the spine curvatures are clearly visible, other times they are not. Because scoliosis develops slowly over time and involves little to no pain, it is not easy to detect.

When evaluated at school, your child will likely undergo the Adams Forward Bend test. They will put their hands together and bend forward at the waist while keeping their knees straight. This allows the school nurse or other trained personnel to view any unevenness in the spine, hips, ribs, or shoulder and measure degrees of curvature using a scoliometer.

When does my child need to see a doctor?

If the school professional evaluating your child is concerned with the results, they may recommend consulting with your pediatrician for additional evaluation. It is important to reassure your child that a diagnosis has not been confirmed and that scoliosis is a condition they can live fully with even if a doctor does confirm the diagnosis.

How do doctors make a proper diagnosis?

Physicians will complete thorough physical exams and diagnostic tests to determine whether your child has scoliosis. This involves assessing the shape, location, direction and angle of the curve and x-rays are typically taken as part of the evaluation.

What kinds of treatments address this issue?

If your child is found to have scoliosis, their treatment will depend on their age and the severity of their condition. Physicians may observe and monitor the condition over time before recommending a course of treatment.

Non-surgical options for treating scoliosis include physical therapy and wearing body braces or casts. In more severe cases, a surgeon may recommend surgery to correct the problem.

Regardless of the recommended course of action, it's important to remember that scoliosis is not a life-threatening condition. With patience and persistence, treatments for scoliosis can be effective.

Has your child received a note from school that they may have scoliosis? Consider UPMC Spine Care for an evaluation. The program's multidisciplinary team of orthopaedic and neurosurgical experts can assess your child for scoliosis and determine an appropriate treatment plan.

Learn more about UPMC Spine Care.

GSA Increases Lodging and Meals Per Diem Allowances for FY2025

The U.S. General Services Administration has raised standard allowable per diem rates for federal travelers in the 2025 fiscal year by \$12, largely due to the first increase in meal and incidental costs in several years., GSA announced.

The GSA's standard lodging rate for the 2025 fiscal year, which begins Oct. 1 and runs through Sept. 30, 2025, is \$110, up \$3 from the current rate of \$107. That is a smaller increase than last year's \$9 increase in the standard lodging allowance for the current fiscal year from the 2023 fiscal year.

The rate, which applies to federal government travelers as well as those traveling on government-contracted business, applies to everywhere in the U.S. not designated as a "non-standard area," which have per diems higher than the standard rate. For the 2025 fiscal year, GSA has cut the number of non-standard areas to 296 from the 302 in the current fiscal year. Locations newly designated as standard areas for the 2025 fiscal year include Ft. Wayne, Ind.; Canton, Ohio; Mentor, Ohio; East Greenwich and Warwick, R.I.; Waco, Texas; and Wisconsin Dells, Wis.

The GSA's standard meals and incidentals allowance for the 2025 fiscal year is \$68, an increase of \$9 from the current rate of \$59. It's the first increase in the rate since they were revised for the 2022 fiscal year, according to the GSA. The range of meals and incidental cost per diems for non-standard areas also increased for the 2025 fiscal year to \$68 to \$92, an increase from the current range of \$59 to \$79, the GSA reported.

The American Hotel & Lodging Association estimates the per diem increase will translate to \$100 million in additional revenue to the hotel industry.

The GSA typically bases its lodging allowance on average daily rate data for the previous 12 months, adjusting it down by 5 percent to get the allowances, according to AHLA.