

8.8.24

6 West Strawberry Avenue, Mechanicsburg, PA 17055 (717) 796-0811 www.mechanicsburgchamber.org

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20th Annual



Friday, September 20, 2024

CHAMBER EVENTS

Watch for Weekly Updates!!

August

13 - Business Women's Networking Luncheon -The Woods at Cedar Run, 824 Lisburn Rd, Camp Hill. 11:30am - 1:00pm. FREE member event.

20 - After Hours Mixer - Rolls-Royce Foundation Museum, 189 Hempt Rd, Mechanicsburg. 5:00 - 7:00pm..

29 - Business Leaders Discussion Group -Sponsored by **PaySmart Payroll Services, 650 Wilson Ln, Ste. 100, Mechanicsburg**. 7:45 - 9:00am.
Members only event.

RSVP to info@mechanicsburgchamber.org

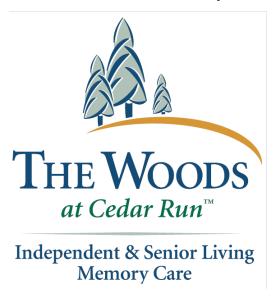
For a full calendar of chamber and member events, visit www.mechanicsburgchamber.org/events

Thank You For Renewing Your Membership!

Acri Family Chiropractic Clinic
Angel Home Solutions
Code Ninjas Harrisburg
Geo. W. Weaver & Son Moving & Storage
Little Theatre of Mechanicsburg
Texas Roadhouse
Karen Trynoski-NextHome Capital Realty
Upper Allen Woman's Club (GFWC)
Wingate by Wyndham

Business Women's Networking Luncheon

Tuesday, August 13 11:30am - 1:00pm



The Woods at Cedar Run welcomes the Business Women's Networking Luncheon for August.

Join us for a walk in The Woods.

Not only will we get to see the lovely tree lined grounds of this independent living community, but also learn of the many services that this facility offers its residents and their families.

Come network with local business women and enjoy a light lunch. Don't forget to bring your business cards to MIX & MINGLE.

The Woods at Cedar Run 824 Lisburn Rd Camp HIII

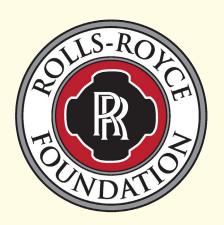
Reservations required.

RSVP to info@mechanicsburgchamber.org

Mechanicsburg Chamber of Commerce presents:

After-Hours Mixer

Tuesday, August 20 5:00 - 7:00 p.m.



Hosted by

Rolls-Royce Foundation

189 Hempt Road Mechanicsburg, PA 17050

Enjoy an evening of networking, refreshments and a chance to win a prize!

RSVPing is easy, simply email info@mechanicsburgchamber.org, RSVP online, or call 717-796-0811

Mechanicsburg Chamber of Commerce presents:

Business Leaders Discussion
Group
Thursday, August 29
7:45 - 9:00 am

Sponsored by
PaySmart Payroll Services
650 Wilson Ln, Suite 100
Mechanicsburg



RSVP to info@mechanicsburgchamber.org or call 717-796-0811.

This members-only event is **free** to attend!



Friday, September 20, 2024

Rich Valley Golf 227 Rich Valley Rd. Mechanicsburg, PA 17050 Registration - 12:00pm Tee Time - 1:00pm

Register to play! Only \$80 for golf, lunch and dinner. Purchase the Gold Passport for \$20 and receive entry into ALL hole contests, and for a chance to win a door prize!

Not a golfer? Join us for dinner for only \$20.

Registration & sponsorship information.

Seeking Sponsors and Donations: This is a great opportunity to promote your business through a sponsorship or prize donation. Several sponsorship levels available! They can also be customized to fit your needs.

Or, simply send a gift card, promotional item, or any type of product for us to give away as a prize or to include in the golfers' goodie bags!

Contact the Chamber Office to play, contribute and volunteer! 717-796-0811 or info@mechanicsburgchamber.org

Portion of proceeds will support
Peace Promise as they assist victims of sexual exploitation and human trafficking.





CARLISLE | MECHANICSBURG SHIPPENSBURG | WEST SHORE

THURSDAY SEPT. 12

Hosted By

5:00-7:00PM



5000 Marketplace Way | Enola, PA

HORS D'OEUVRES & DRINKS
FREE TO ATTEND

PRESENTED BY:



717.243.4515 events@carlislechamber.org



717.532.5509 chamber@shippensburg.org



717.761.0702 wschamber@wschamber.org

MECHANICSBURG CHAMBER OF COMMERCE

717.796.0811

info@mechanicsburgchamber.org





PLEASE RSVP TO YOUR RESPECTIVE CHAMBER PRIOR TO THE EVENT.

MAIN SPONSOR

Central Penn

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EXHIBITING SPONSORS

Messiah University
PA Chamber Insurance
PARX Casino
Renewal by Anderson
UPMC

SUPPORTING SPONSOR



DESIGN & PRINT SPONSOR



CATERING SPONSORS









CAEDC Now Accepting Applications for LSA Grants

The Local Share Account (LSA), Category 4 Facilities Program, a multi-county grant program that includes Cumberland County, is now open, and interested non-profit applicants can apply through the Cumberland Area Economic Development Corporation (CAEDC).

CAEDC is seeking applicants who are a non-profit organization and need funding for projects that either have an economic development or tourism component in the region.

Eligible uses include:

- Acquisition
- Construction
- Demolition
- Infrastructure
- Purchase of vehicles, machinery and/or equipment (excluding uniforms, protective equipment, consumable supplies, and furniture)
- Planning, consulting, and design costs related to planning projects.
- Engineering, design, and inspection, to include permitting fees, for construction projects not to exceed 10% of the total grant award.
- Contingency costs not to exceed 5% of documented construction and infrastructure costs are permissible.

Interested, qualified applicants can apply on CAEDC's online application at CumberlandBusiness. com/lsa-application.

Complete applications must be submitted to CAEDC by August 29, 2024.

If you have any questions regarding your project, contact CAEDC at 717-240-7180.

The LSA Grant is funded through the PA Race Horse Development and Gaming Act (Act 2004-71), as amended, which provides for the distribution of gaming revenues through the Commonwealth Financing Authority (CFA) to support projects in the public interest within the Commonwealth of Pennsylvania.



The Foundation for Enhancing Communities Launches "Together We Take Action" Funding Program for August

The Foundation for Enhancing Communities (TFEC) is launching the next phase of its "Together We Take Action" program, which supports local, partially funded projects from nonprofits. This initiative not only provides crucial funding to these organizations, but also helps donors achieve their personal charitable goals. By connecting donors with impactful opportunities, TFEC makes it easier for them to contribute to a stronger and more vibrant community.

"We're excited for the next chapter of 'Together We Take Action'," said Jennifer Doyle, President & CEO of TFEC. "It's a great chance to support local nonprofits and make a real difference in the community around us."

The "Together We Take Action" program, which runs throughout the month of August, gives donors a chance to contribute to nonprofit organizations' partially funded grant requests in Cumberland, Dauphin, Franklin, Perry and York counties. TFEC has created an online grant catalog that provides a connection among TFEC, local nonprofit organizations and donors so we can take action — together.

"Our program is all about simplifying the giving process and maximizing the impact of every donation through shared support of local projects," said Doyle.

Discover the giving opportunities available in Cumberland County below:

- · Girls on the Run Mid State PA
- Junior Achievement of South Central PA
- · Big Brothers Big Sisters of the Capital Region, Inc.
 - · Blue Mountain Escape, Inc.
 - · Cumberland County Library System Foundation
 - · Misson Central, Inc.
 - · New Hope Ministries, Inc.
 - · Pennsylvania Society for Biomedical Research
- · Shippensburg Arts Programming and Education Inc.
 - · Shippensburg Historical Society Inc
 - · West Shore Symphony Orchestra Inc.
 - · YWCA Carlisle & Cumberland County

Visit TFEC's website to donate to any of these projects or learn more about the participating non-profit organizations.

The last day to donate is Aug. 31.





WELLNESS

Help us celebrate National Health Center Week!

Tuesday, Aug. 6th
5 - 7 pm
New Life Community Church
64 East. North St., Carlisle

Thursday, Aug. 8th
5 - 7 pm
Sadler Health Center
5210 E. Trindle Rd,
Mechanicsburg

HEALTH SCREENINGS * PETTING ZOO

SARAH'S CREAMERY ICE CREAM *

B&L DOGS * BIKE GIVE-A-WAY *

ACTIVITIES







KIRK WISE UPCOMING SOLO, DUO & BAND PUBLIC DATES

Thur. 8/8 – Food Truck Rally, New Cumberland ...Kirk solo 5-8

Fri. 8/9- Grandpa's Love Shack BBQ Restaurant, Shermansdale...Kirk Duo 6-8

Sat. 8/10 – Hemauer Brewing, Mechanicsburg...Kirk solo 6:30-9

Sun. 8/11 – Adams County Winery, Ortanna...Kirk solo/duo 1-4

Tue. 8/13 – Greystone Brew House@ Range End , Dillsburg...Kirk solo 6-9

Thur. 8/15 – Wellsville Fair... Kirk & Country Wise Band 7 – 8 PM

Sat. 8/17 – Shiremanstown 150th Anniversary...Kirk Band 2-4?

Sat. 8/17 – Mt. Airy Orchards, Dillsburg... Kirk solo 9:30-12:30

Sun. 8/18 – Captain Bob's Steamed Crabs, Railroad/ Shrewsbury...Kirk solo 1-3

For complete up-to-date schedule, information, and photos go to www.jazzmeband.com

Bookings: call Kirk at 717-979-0341 or E-mail wisemotors@aol.com

Tour sponsors:
FARNHAM INSURANCE,
MEMBERS 1st F. C. U.,
CLASSIC DRY CLEANERS, STUDIO D &
LANDON WISE PHOTOGRAPHY



Please hold on to your book donations beginning July 1, 2024

Renovations to the Learning and Book Sale Center at 45 W. Allen St. started!

Shingles are flying off the roof and crews are preparing for the renovations. For safety reasons, we need to close the book donation shed temporarily. Please hold your book donations until further notice.

Please do not bring book donations to the library. Watch for updates and thank you for your patience.



Due to the construction and in the best interest for the safety of all involved, the Summer Book Sale has been cancelled!

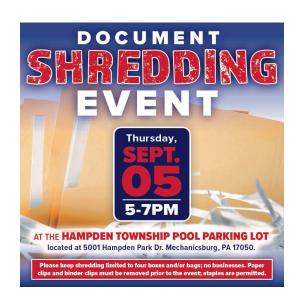
The next Book Sale is scheduled for October 25-27



Constituents of the 88th District are invited to my free document shredding event on Thursday, Sept. 5, from 5-7 p.m., in the Hampden Township Pool parking lot.

Safely dispose of up to four boxes/bags at this free event. This service is for individuals only; no businesses, please. Paper clips and binder clips must be removed prior to the event.

RSVPing for this event helps give the shredding company and my staff a headcount, please let us know you're coming by calling 717-761-4665 or visit RepDelozier.com/ Events. Shredding will be taken on a first-come, first-served basis.





Constituents of the 88th District are invited to my free child safety seat check and damaged license plate replacement event on Thursday, Sept. 19, from 4-7 p.m., at Platinum Mitsubishi Mechanicsburg.

Sept. 15-21 is National Child Passenger Safety Week. Certified car seat technicians will be on-site to ensure your child's car seat is properly installed. Police will also facilitate damaged license plate replacements.

License plates eligible for replacement include those that are blistered, peeling or discolored with at least one number or letter illegible from over 50 feet away. Bring your vehicle with the affected plate attached as well as your current

registration and unexpired driver's license. An officer will determine if your plate is eligible for replacement and my staff will assist you with filing the appropriate forms with PennDOT.

RSVPs are required. Let us know you're coming by calling 717-761-4665 or visit RepDelozier.com/ Events.

LUNCH & LEARN: CONTROL YOUR BUSINESS INSURANCE COSTS!

Aug 28, 2024 11:30-1:00

Register Here

230 S Sporting Hill Rd, Suite 100 Mechanicsburg, PA 17050

Learn how to optimize employee benefits and commercial insurance strategies through group captives! This innovative insurance model enables businesses to gain greater control over their insurance expenses, reduce costs, and improve risk management.







Summer Scents until August 30th Fall Scents start September 1st

Take advantage of this coupon to create more memories and customized candles with the ones you love!

62 W Main St, Mechanicsburg, PA 717-748-6899



Join us as we Celebrate 2024 and see what we have planned for 2025!



John Westford

Contact Justin Lee at <u>jlee@morethanshelter.org</u> for Sponsorship details! 717.249.1009 Ext. 2234





www.johnwestford.com/



SPONSORSHIPS AVAILABLE

 Tournament
 \$1,750

 Golden Global
 \$1,250

 Course
 \$1,000

 Birdie
 \$ 600

 Door Prize
 \$ 300

 Hole
 \$ 250

 Patron
 \$ 125

AGENDA

7:00 AM Registration opens with coffee and donuts

8:00 AM Shotgun Start for 18 holes of golf

Followed by Lunch, Door Prizes, and Awards

Register Now thetide.org/golf



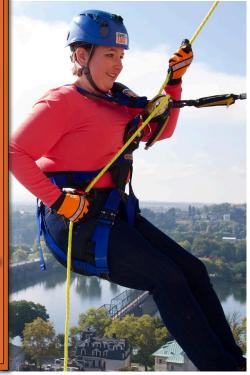
717-264-7288

events@thetide.org



for our one-to-one youth mentoring program.

Go to new heights to make a BIG difference for a child in your community.



Big Brothers Big Sisters.

OF THE CAPITAL REGION

REGISTER PBIGS.ORG TODAY:





Over The Edge - Team Building

October 4, 2024

Market Square Plaza, 17 N. 2nd Street, Harrisburg

CORPORATE RAPPELLING TEAM

\$5,000 - Limited corporate teams available.

Your Corporate Rappelling Team will receive priority choice for a rappel "block" in our event schedule. (Must confirm prior to August 31st to receive priority choice.)

As part of your Corporate Rappelling Team experience, you will

- One (1) Corporate rappelling team of five (5) participants
 5 Invitations to the Liquid Courage Reception
- Logo on the event t-shirt
 Digital Recognition
- Company-provided item in Participant Gift Bag
- Company mention in thank you email to participants

TEAM FUNDRAISING

\$1,000/person

Engage your employees to raise funds and send a peer or supervisor Over The Edge. Select an idea below or create your own team fundraising incentive

- **Vote with your Dollars:** We suggest you encourage team leads or supervisors to create a fundraising page and invite employees to raise funds and donate to the person they want to see rappel.
- Hold a Mini Event: Host a pancake breakfast, bake sale, 5K, or other team event that gets everyone involved in raising funds for your Over The Edge participant.
- **Select an Incentive:** Let everyone know that the top donor/fundraiser/team lead gets to choose what costume the rappelling participant wears on event day.







Everything You Need to Know About Lyme Disease and Other Tickborne Illnesses

By: Andrew Robert Eckert, Internal Medicine

You may have heard of Lyme disease, but what about Rocky Mountain spotted fever (RMSF), babesiosis, ehrlichiosis, or anaplasmosis? Aside from Lyme disease, the Centers for Disease Control and Prevention (CDC) tracks more than a dozen tickborne illnesses. Fortunately, these are much rarer than Lyme disease.

Tickborne illnesses are on the rise due to climate change. Warmer weather means ticks may bite over a longer period throughout the year and thrive in larger geographic areas.

Ticks usually transmit disease in the spring, summer, or fall. But they can also pass on disease-causing bacteria in the winter in areas with consistently above-freezing temperatures.

Most tickborne illnesses won't cause long-term problems if your doctor diagnoses and treats them early. That's why it's a good idea to check yourself for ticks after you spend time in forested or grassy areas.

You can prevent all tickborne illnesses in the same way — by avoiding tick bites.

Are you worried you or someone you know could have a tickborne illness? Here are some key facts about the five most common tickborne illnesses in the U.S.

Lyme Disease

Lyme disease is the most common tickborne illness. It accounts for almost 70% of all illnesses caused by ticks and mosquitos in the U.S., according to the CDC.

There were 63,000 cases in the U.S. in 2022 (the most recent year with available data). But the CDC estimates the real number is closer to 475,000 cases a year because many cases go undetected.

The disease most commonly spreads from ticks found in the northeastern states. Parts of the Midwest and along the Pacific coast also have a high prevalence of Lyme disease-carrying ticks.

A blacklegged (deer) tick or western blacklegged tick needs to become fully engorged before the Lyme disease-causing bacteria can move from the gut to the saliva glands. This process usually takes 36 hours or more. So Lyme disease is very unlikely if you carefully remove a tick within hours of its attachment.

Symptoms of Lyme disease

Symptoms of Lyme disease most commonly appear within a week or two of the tick bite. They include:

- A "bullseye" rash at the location of the bite within three to 30 days of the tick bite.
- Fever and chills.
- Headache.
- Muscle and joint aches.

If Lyme disease spreads beyond the initial region of the bite (which can take many weeks to months), it can cause:

- Dizziness.
- Facial palsy (weakness in the facial muscles on one side).
- Nerve pain.
- Severe headache.
- Severe joint pain and swelling.
- Shortness of breath.
- A stiff neck.

Anaplasmosis

This is the second-most-common tickborne illness after Lyme disease. Based on CDC data from the four most recent years with data available, there are about 5,400 cases in the U.S. each year. It most commonly occurs in the upper Midwestern and northeastern parts of the U.S.

The same blacklegged ticks and western blacklegged ticks that carry the Lyme-disease-causing bacteria can carry the anaplasmosis-causing bacteria.

Symptoms of anaplasmosis

Symptoms of anaplasmosis often occur within five days of the tick bite. They include:

- Diarrhea.
- Fever and chills.
- Headache.
- Loss of appetite.
- Muscle aches.
- Nausea.
- Vomiting.

People who are older or have a compromised immune system (due to cancer, medication, HIV, or another reason) can get very sick from anaplasmosis. In rare cases, the disease can cause organ failure and death.

Babesiosis

The parasite Babesia can spread from blacklegged ticks, which are mostly found in the Northeast and upper Midwest. The tickborne illness is rare, with cases ranging from around 1,500 to 2,500 per year.

Young ticks, not adult ticks, spread the Babesia parasite, making it different from other tickborne diseases. Because the nymphs are only the size of a poppy seed, people who get babesiosis may not recall getting a tick bite.

Symptoms of Babesiosis

After the Babesia parasite enters the blood, symptoms can take one to six weeks to develop. Some people don't get any symptoms from babesiosis because their immune system fights the disease. Many people only get mild symptoms that don't require hospital care, including:

- Body aches.
- Fatigue.
- Fever and chills.
- Headache.
- Loss of appetite.
- Nausea.

People who are older or have a compromised immune system are at risk of severe babesiosis. This can include yellowing of the skin and eyes, severe vomiting, neck stiffness, mood changes, and shortness of breath.

Rocky Mountain Spotted Fever

Though rare, Rocky Mountain spotted fever is a serious illness. If not promptly treated, it can cause death. There are around 1,200 cases of RMSF in the U.S. each year.

Ticks throughout the U.S. can carry Rocky Mountain Spotted Fever, but reports of the disease are most common in North Carolina, Tennessee, Missouri, Arkansas, and Oklahoma. That's according to the CDC. Unlike Lyme disease, adult ticks can spread the bacteria that causes it even if they're attached for a short time.

Symptoms of Rocky Mountain spotted fever

Symptoms can appear three to 12 days after a tick bite. They include:

- A rash (small, flat, red or pink splotches that usually start on the wrists and ankles and spread to the rest of the body).
- Fever.
- Confusion.
- Headache.
- Joint and muscle pain.
- Lack of Appetite.
- Stomach pain.

Ehrlichiosis

Some call ehrlichiosis spotless Rocky Mountain spotted fever because the symptoms are similar and serious. However, ehrlichiosis is less likely to cause a rash.

The CDC reports about 1,500 cases of ehrlichiosis per year. It most often appears in ticks in central and eastern states, especially New York, Missouri, Arkansas, North Carolina, and Tennessee.

Symptoms of ehrlichiosis

Ehrlichiosis symptoms usually occur a week or two after the tick bite. They include:

- A rash that looks like red splotches or dots. Rashes occur in about one-third of people who
 have ehrlichiosis.
- Fever.
- Confusion.
- Headache.
- Muscle aches.
- Nausea and vomiting.
- Stomach pain.

What to Do if You Think You Have a Tickborne Illness

In most cases, doctors will only order tests or prescribe treatments for tickborne illnesses if you have symptoms.

However, your doctor may treat you for Lyme disease (even if you don't have symptoms) if you meet all the following criteria:

- You found an attached blacklegged tick on your body in an area where Lyme is prevalent.
 (The CDC's website has maps that show Lyme disease prevalence).
- You discovered the tick within the past 72 hours.
- The adult tick may have attached itself to the skin for 36 hours or longer.

See a doctor if you develop a fever or other unexplained symptoms days or weeks after noticing a tick or spending time in a wooded or grassy area. They'll ask about your symptoms, examine you, and consider which tests to order to diagnose your illness. If a tickborne illness is possible, they can test you for those that can occur in your area.