

Chamber CHATTER



MECHANICSBURG
CHAMBER OF COMMERCE
The Strength of One. The Power of Many.™

5.2.24

6 West Strawberry Avenue, Mechanicsburg, PA 17055 (717) 796-0811 www.mechanicsburgchamber.org

In This Issue:

Cinco de Mayo Regional Fiesta Mixer is tonight	2
Welcome New Members	3
How to build a realistic to-do list that will actually reduce your stress	12-13

News, Events & more!

CHAMBER EVENTS

Watch for Weekly Updates!!

May

2 - 14th Annual Cinco de Mayo Regional Fiesta Mixer - Location - **Volvo CE**, 200 Rowe Rd., Shippensburg, 4:30 - 6:30pm. RSVP requested.

27 - Chamber Office closed for Memorial Day.

RSVP to info@mechanicsburgchamber.org

Seeking HOSTS for 2024 EVENTS

- Business Women's Networking Luncheon
 - After Hours Mixer
- Business Leaders Discussion Group

BE A HOST and showcase your business, service and more...

For a full calendar of chamber and member events, visit www.mechanicsburgchamber.org/events

Thank You For Renewing Your Membership!

**Hearts-n-Hands Sertoma Club
Mechanicsburg Kung Fu Center**

14th Annual



REGIONAL
FIESTA MIXER

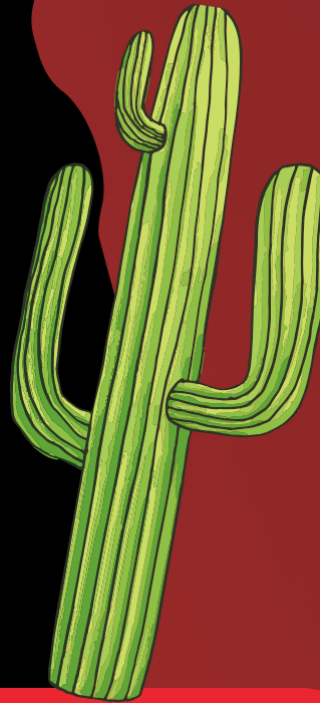
THURSDAY, MAY 2, 2024
4:30 - 6:30 PM

Volvo Construction Equipment
Customer Center
200 Rowe Road, Shippensburg

RSVP: tinyurl.com/2024-Cinco-Mixer



Volvo Construction
Equipment



Welcome New Chamber Members

Denim Coffee Company, 36 West Main Street, Mechanicsburg, PA 17055; Emily Brewitt;
908-902-9830; www.denimcoffeecompany.com; Restaurant

North Mountain Woodworks, 36 Bourbon Red Drive, Mechanicsburg, PA 17050; Kelly Murray;
717-512-5841; www.northmountainwoodworks.com; Retail

Tutor Doctor, 26 Springdale Way, Mechanicsburg, PA 17050; Dilip Kulkarni; 717-927-7204;
www.tutordoctor.com/harrisburg-mechanicsburg; Education



Please join the Mechanicsburg Chamber of Commerce
as we celebrate the expansion of one of our members with a
Ribbon Cutting.

You are welcome to come see where all the 'magic' happens with
the development of their new production facility.

Friday, May 17th
Kimchee Girl
Authentic Korean Kimchee
6 West Allen Street
Mechanicsburg, 17055
Ribbon Cutting at – 11:30 am



Jubilee Day

Save the Date

On June 20, Jubilee Day returns to the streets of downtown Mechanicsburg. This year marks the 94th Annual edition! Don't miss your chance to be exposed to nearly 70,000 attendees from across the midstate.

Booth space is available at a discounted rate for Chamber members. Contact the chamber for an application. 717-796-0811 or info@mechanicsburgchamber.org



Event Schedule

May 3 6:30 p.m. Frankenberger Raffle Dinner and Game Night. Call the Mechanicsburg Museum office at (717) 697-6088 for details about this full course dinner and fun evening.

May 4 10:00 - 3:00 p.m. Local History Day at JV Baseball Field, Memorial Park. Organized by Keystone Baseball Club, Mechanicsburg Museum Assn. will have 1 of the 20 exhibit tables. Snacks and lunches available. Games start at 10:30 a.m.

May 22 1:00 p.m. Indian Villages & Trails of the West Shore." Speaker is Lawrence Knorr. Mechanicsburg Museum Assn. Lifetime Enrichment program held at the Passenger Station, 2 W. Strawberry Alley., Mechanicsburg, PA.



THE GLEEFUL CANDLE CO.

Enjoy a Complimentary glass of wine to pair with Saturday, May 4th, 2024 Candle Making Session at NOON in honor of the Downtown Mechanicsburg Art & Wine Festival

or

SAVE 10% off your next online booking using coupon code:

SPRING2024

this May making a Spring Inspired Scented Candle!

Coupon valid until May 24th 2024

BOOK HERE

62 W Main St
Mechanicsburg, PA
717-748-6899



GFWC (General Federation of Women's Clubs) Mechanicsburg

The next meeting will be on Tuesday, May 14, 2024 at 7:00 PM at Buhrig's Gathering Place, 25 East Main Street, Mechanicsburg. Arrive at Buhrig's by 7:00 PM to carpool for a mystery trip.

Would you like to know more about how we serve the community while helping Veterans, libraries and schools? Come for a visit to find out.

For more information, contact Sue at 717.243.9872 visit our website at <http://gfwcmeh.tripod.com/>



ACCOUNTABILITY WEBINAR




Saturday
May 11, 2024
11:00 AM

The seminar will cover topics such as setting clear expectations, communication strategies, and goal tracking techniques. This webinar is a great opportunity to enhance your skills and boost productivity in a professional environment. So, don't miss out on this chance to learn and grow - sign up today and take the first step towards a more accountable and successful future!

FACILITATOR
LATOYA WASHINGTON

REGISTER ONLINE

 717-554-0981

 www.rhemacreationz.com



Accountability is a crucial aspect of success in any organization. By attending a virtual webinar focused on accountability, you can gain valuable insights and practical tips on how to remain accountable in your personal and professional life. The seminar will cover topics such as setting clear expectations, communication strategies, and goal tracking techniques. This webinar is a great opportunity to enhance your skills and boost productivity in a professional environment. So, don't miss out on this chance to learn and grow - sign up today and take the first step towards a more accountable and successful future!

Visit <https://www.rhemacreationz.com/event-details/accountability> to register online

Third Friday FOOD TRUCKS



APRIL 19 ▪ MAY 17 ▪ JUNE 21 ▪ JULY 19
AUG. 16 ▪ SEPT. 20 ▪ OCT. 18



135 W. Simpson St.,
Mechanicsburg
717-766-4611
fumchurch.com



MULTIPLE TRUCKS /// VARIETY OF FOOD

Chamber Chatter is published on-line every Thursday.

We encourage member businesses to send us information on sales, promotions, news and events. It is a great way to promote your business or organization.

Chamber Chatter advertisements will remain for up to 4 weeks, or as space permits.

If you have something to share, please submit it by Wednesday at noon to
info@mechanicsburgchamber.org.

****Chamber Chatter advertising is a FREE member benefit.****

ONE NIGHT ONLY

**Live At
The Englewood**

May 19th

**Doors: 3pm
Show: 4-6pm**

**Listen to the new
music, with a special
announcement...**

**Tickets:
EnglewoodHershey.com**



CHRISTIAN YEAGER

Report Potholes to PennDOT

While it's always great to welcome the spring thaw, it also brings with it more potholes on our roads and bridges. Extreme fluctuations in temperatures can contribute to more potholes on our roads.

To help combat potholes and prevent them from becoming a danger to vehicles and drivers on the road, you can report potholes to PennDOT. Simply call 1-800-FIX-ROAD or [click here to file a report online](#).

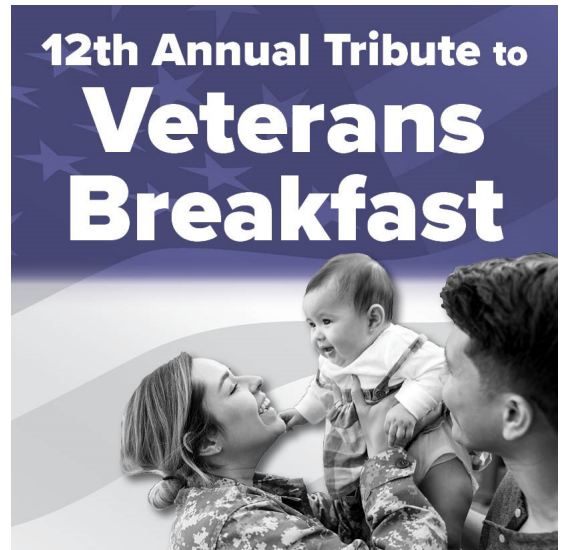


My 12th annual Tribute to Veterans Breakfast will be held Thursday, May 30, at 8 a.m. (doors open at 7:30 a.m.) at the Mechanicsburg First Church of God Community Center, 201 E. Green St. in Mechanicsburg.

The 88th District's veterans, active-duty military personnel and their families are invited to this free program and breakfast to pay tribute to their service. This year, our theme is the veteran's families, as we know when a soldier serves, so does the family by keeping the home life going while they defend our liberties. We thank them for all the sacrifices made while their loved ones served our country.

Our guest speaker will be Alyssa H. Holstay, Esq. Alyssa has been practicing law in Pennsylvania since 2007 and has practiced in criminal law, child welfare law, family law and administrative law. She is also the founder of Selfless Service, a community support and assistance organization for military families, law enforcement and first responders

RSVPs are required. Please call my office at 717-761-4665 or [click here to let us know you're coming](#).



Seeking HOSTS for 2024 EVENTS

- Business Women's Networking Luncheon
 - After Hours Mixer
- Business Leaders Discussion Group

BE A HOST and showcase your business, service and more...

For more information - on HOSTING AN EVENT
contact the Chamber office at 717-796-0811 or email - info@mechanicsburgchamber.org.

Our calendar is WIDE open.

JAZZ ME BAND

KIRK WISE UPCOMING
SOLO, DUO & BAND
PUBLIC DATES

Fri. 5/3 – Pilger Ruh Wine Garden,
Gettysburg...Kirk solo 6-9

Sun. 5/5 – Allegro Wine, Stewartstown...
Kirk solo/duo 1-4

Tue. 5/7 – Greystone Brew House@
Range End , Dillsburg...Kirk solo 6-9

Sat. 5/11 – Captain Bob’s Steamed Crabs,
Railroad/ Shrewsbury...Kirk solo 6-8

Tue. 5/14 – Greystone Brew House@
Range End , Dillsburg...Kirk solo/duo 6-9

Thur. 5/16 – Totem Pole Wine Farm/Ranch,
Carlisle...Kirk solo 6:30-8:30

Fri. 5/17* – West Shore Country Club
Mental Health Event...Full Band 5-9

Sat. 5/18 – Williams Grove Historical
Chili Cookoff...Kirk solo 8:30-10 AM

Sat. 5/18 – Reid’s Wine & Cider House,
Gettysburg...Kirk Duo 7-10

For complete up-to-date
schedule, information,
and photos go to
www.jazzmeband.com

Bookings: call Kirk at 717-979-0341 or
E-mail wisemotors@aol.com

Tour sponsors:
FARNHAM INSURANCE,
MEMBERS 1st F. C. U.,
CLASSIC DRY CLEANERS, STUDIO D &
LANDON WISE PHOTOGRAPHY



PennState Health

COMMUNITY HEALTH NEEDS ASSESSMENT

Penn State Health (PSH) hospitals are committed to understanding and addressing the health needs of the communities we serve. Therefore, PSH is undertaking a Community Health Needs Assessment (CHNA) and we would appreciate your input.

Please take the time to participate by April 30, 2024 and use the following link to access the survey:
<https://redcap.link/qofljo0>.

Your survey responses will be held confidential. Any comments you provide will not be attributed to you or your organization but rather included in an aggregate report of findings. We will share results and overall findings from the CHNA, more information coming soon.

If you have specific questions or if you require a disability or language accommodation to complete this survey, please email CHNA@pennstatehealth.psu.edu.

SAVE - THE - DATE

94th Jubilee Day

Thursday, June 20th

20th Annual Golf Outing

Friday, September 20th

Interested in sponsorship - email
info@mechanicsburgchamber.org

How to build a realistic to-do list that will actually reduce your stress

*These three tricks can help you work more efficiently.
How to build a realistic to-do list that will actually reduce your stress*

BY *Aytekin Tank* - Fast Comany

Before I started my own company, I worked as a software developer for a New York media company. I had a colleague—let's call him Neil—who was a brilliant designer. But he was also a **perfectionist**. After collaborating with Neil on a few projects, a funny thing began to happen. My respect for his craft grew in tandem with my aversion to working with him—because **he was a chronic bottleneck**.

He taught me that if you are highly organized, you may be able to eventually execute every task on **your to-do list**. But if you're collaborating with team members, your tip-top organizational skills cease to matter if you're not all on the same page. That's why the greatest productivity gains come from learning to manage our **collective time**—how we work together to get the job done.

At my company, employees are organized into cross-functional teams. Collaboration is in our DNA. Here is how we build realistic to-do lists for accomplishing our collective goals—and enjoying, not dreading, team work.

Build one singular project to-do list

Cross-functional teams have many benefits. They're self-managing, they can focus on a single project, and team members are able to learn from each other. On a cross-functional team, everyone brings a special skill set to the table and oftentimes, a different way of viewing the same issue. When you have cross functional teams, workers can apply various mental models. The outcome is better, more innovative ideas.

That said, it's nearly impossible to perfectly evenly distribute the workload on every project. That's why we've found it incredibly useful to create a singular to-do list at the beginning of each project. Because we're always looking for ways to **automate our processes**, we use an easily shareable project management tool, like Monday, that updates progress in real time.

As team members finish one task for the project, they can pull another item from the team to-dos. This helps to prevent any individual team member from getting in the weeds with multiple outstanding tasks and becoming a bottleneck. Teams can redistribute their workloads as the project progresses. **They can pivot** and troubleshoot as needed. Collective to-do lists allow our teams to regularly reevaluate and align their goals. Everyone knows where everyone stands, and whether they're still on track to the ultimate goal.

Frame steps as if/then contingencies

Oftentimes, to-do lists will have items such as:

- Create a newsletter
- Write project proposal

These tasks may seem straightforward, but actually require various steps and multiple stakeholders. That's why I map out all steps in a workflow. This helps me understand all of the work that goes into a single task and empowers me to **set more realistic deadlines**. When you map out all steps in a workflow, it also becomes clear how many steps are actually contingencies.

If you need to create the newsletter, for example, you'll need the template from the designer. In this case, the contingency is:

- If the designer sends me the template, then I'll begin building the newsletter.

Research has found that framing steps as “if-then” actually helps us to get them done. As *Harvard Business Review* explains, more than 200 studies suggest that if-then planners are about 300% more likely than others to reach their goals. When it comes to team performance, if-then planning sharpens group focus and prompts team members to carry out key activities in a timely manner.

So, when mapping out your workflows and creating your singular project to-do list, be sure to include the contingencies—what needs to happen at each pass to push the task forward.

Focus on one thing

We live in a world of distractions. Even if you manage to silence your notifications and close your Twitter browser, there are probably a dozen tasks you could be working on at any one moment.

Developed by **Peter Bregman**, CEO of executive coaching company Bregman Partners, the “one thing” method is a great strategy for keeping distractions at bay. When using the “one thing” method, you create your master to-do list with every possible item on it, then you take a moment to decide which is your priority right now. You write this priority on a Post-It note or a piece of paper and put it in a place that is visible while you work. Then, you keep working on that task until you're finished. If your attention starts to drift, take a look at your “one thing” and keep going.

To apply this thinking on a group level, our teams regularly take on projects that require a year, sometimes two years, to come to fruition. It's good practice to continually identify the team project priorities—the one thing you need to collectively accomplish—so we don't get overwhelmed by the sheer size of a project.

I believe to-do lists get a **bad rap** sometimes. I refuse to part with mine. That said, given the collaborative nature of work, the above strategies can make your to-do lists more effective and they can make team work less stressful. The key to creating a realistic to-do list is to embrace flexibility and transparency, to continually assess your priorities, and to refine and iterate the process as you go.

ABOUT THE AUTHOR

Aytekin Tank is the founder and CEO of Jotform and the author of **Automate Your Busywork**. Tank is a renowned industry leader on topics such as entrepreneurship, technology, bootstrapping, and productivity. He has nearly two decades of experience leading a global workforce.