

6 West Strawberry Avenue, Mechanicsburg, PA 17055 (717) 796-0811 www.mechanicsburgchamber.org

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Patient First Summer Sun Tips.....

News, Events & more!..

# **Ribbon Cuttings & Open House**

Friday, June 24 Ribbon Cutting Baker Chiropractic Sport & Spine Clinic, 156 Cumberland Parkway, Mechanicsburg - 2:30pm

Saturday, June 25 Grand Opening Celebration Baker Chiropractic Sport & Spine Clinic, 156 Cumberland Parkway, Mechanicsburg - 10:30am - 2:00pm

# CHAMBER EVENTS Watch for Weekly Updates!!

## June

**16 - 92nd Jubilee Day,** Main Street, Mechanicsburg, PA, 10:00am to 9:00pm

**28 - AM Strategies... for Business Success -** LUNCH EDITION Sponsored by **UPMC - Dr. Tracey Jones, Tremendous Leadership**, will speak on her book - A Tale Of Two Employees and the imaginary characters Bridgett & Burnett who represent motivations within each of us - at Buhrig's Gathering Place, 25 E Main Street, Mechanicsburg. 11:30 -1:00pm.

**30 - Business Leaders Discussion Group** - Location Comfort Inn & Suites, Bar Camp Hill. 7:45 - 9:00 AM.

# July

**26 - AM Strategies... for Business Success -Cumulus Media & Harrisburg Senators** will be our guest speakers. - at Buhrig's Gathering Place, 25 E Main Street, Mechanicsburg. 8:30am - 10:00am. Sponsored by **UPMC** 

RSVP to info@mechanicsburgchamber.org

For a full calendar of chamber and member events, visit www.mechanicsburgchamber.org/events

# **Thank You For Renewing Your Membership!**

Advance Coating Technology Camp Hill Family Chiropractic Doceo Office Solutions Handyside Inc. Susquehanna Oil Company

Brittle Bark Company Concentra Medical Center First United Methodist Church The Wildcat Foundation Board of Child Care Mechanicsburg Campus



www.jubileeday.org

# Thursday, June 16, 2022

10am - 9pm

Sponsored by:



Entertainment sponsored by: Wegmans - Rock Box Cargill - Kirk Wise & Friends

# AM Strategies... for Business Success Tuesday, June 28 LUNCH EVENT 11:30am - 1:00pm



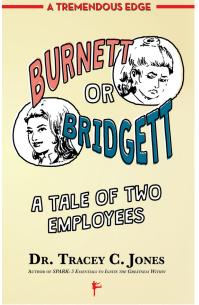
Some people are wise in their own eyes while others seek to increase in learning. Nothing will kill a great employee faster than watching leadership tolerate a bad one.

Hear from Dr. Tracey Jones, Tremendous Leadership

as she speaks about two imagineary characters in her book – Bridgett and Burnett – who represent the motivations found within each of us, regardless of our age, gender, race, faith, or nationality. This modern-

day workplace parable tells the story about those who desire discipline, as well as those who despise it. This contemporary classic gives leaders the sound wisdom, courage, and confidence to do what they need to do.

Dr. Tracey C. Jones is a global leadership expert in followership, self-efficacy, and igniting organizational fires in teams. She earned her leadership stripes early in life, working in fast food, retail, and hospitality. Dr. Jones then served as a commissioned officer in the United States Air Force and a semiconductor and defense contracting project manager. Eventually, she returned home in 2009 to carry forward the legacy of Tremendous Leadership started by her father, Charlie "Tremendous" Jones, in 1965.



Dr. Jones has authored eleven books whose singular purpose is to

ignite accountability, ownership, and camaraderie in every age, stage, and life context. Her company also serves to help others by funding local scholarships, homeless shelters, animal rescues, disaster relief services, and literacy programs.

# **Event Location:**



Buhrig's Gathering Place -25 E Main Street, Mechanicsburg Parking Available (any Buhrig lot) off Strawberry Avenue Complimentary lunch fare included.

Free Event for Chamber Members. Non-Member \$10.00 RSVP to info@mechanicsburgchamber.org or call 717-796-0811 GFWC (General Federation of Women's Clubs) Mechanicsburg

The next meeting is: Tuesday, June 14, 2022, at 7:00 PM



Location: Buhrig's Gathering Place, 25 Main Street, Mechanicsburg.

The program will be installation of officers for 2022-2024 term. Small appetizer's will be served.



Bring your questions and business topics and hear what others have to say!



Are you a nonprofit that has been considering starting an agency fund NOW is the perfect time to start!

An Agency Fund is an endowment fund established by a nonprofit organization with the goal of creating a permanent source of funding for your organization and is the only fund a nonprofit may establish on its own. You can depend on this yearly income as either a new funding stream for your organization or a way to continue to grow your endowment by reinvesting it back into your agency fund.

The Foundation for Enhancing Communities (TFEC) will be hosting two informational sessions for nonprofits that are considering establishing an agency fund with TFEC or are interested in learning more about how this fund can help you achieve your long-term goals. Attendees will also receive a digital toolkit filled with resources.

## KICKSTART YOUR ENDOWMENT GROWTH We're giving away \$5,000!

## Any nonprofit organization that:

- attends the June 7th virtual sessions; establishes an Agency Fund with TFEC;
- and has a minimum \$500 balance in their fund by October 1, 2022, will be eligible to participate in a drawing to receive a \$2,500 grant to their agency fund!

TFEC will be randomly drawing two winners to kickstart their agency endowment-building efforts!

For more information email - info@tfec.org



# ATTN - families in the 88th District

# REP. SHERYL M. DELOZIER invites you to

# **GET YOUR CHILD'S CAR SEAT CHECKED!**



# Thursday, June 9 from 4 to 7pm

# at L.B. Smith Ford Lincoln

# 1100 Market St., Lemoyne

Having a car seat properly installed can make a critical difference to a child in a car accident. I want to give families in the 88th District the opportunity to know that their car seats are installed correctly. I will be hosting a free car seat safety check on Thursday, June 9, from 4-7 p.m., at L.B. Smith Ford Lincoln, 1100 Market St., Lemoyne.

Certified car seat technicians will be on-site to ensure that child safety seats are properly and securely installed in your vehicles. In addition, you will also receive instructions on correct car seat installation procedures.

RSVPs are recommended, but not required for this event. For more information or to RSVP, please visit RepDelozier.com/Events or call my office at 717-761-4665.

# Chamber Member Business -Name Change

Fundamental Insurance Agency is NOW

Devercare Insurance Group

2938 Columbia Avenue Suite 1301 Lancaster, PA 17603

## HOST A CHAMBER EVENT!

We have two open dates for :

Business Women's Networking Luncheon

Gain additional exposure for your business and choose a month today! Can't do it all by yourself? Team up with another business and work together.

There is no fee to host a Chamber event. Simply provide the space, food & beverages!

## KIRK M. WISE -SOLO, DUO AND BAND UPCOMING DATES

## <u>June</u>

Fri. 6/3 - Hemauer Brewing, Mechanicsburg...Kirk solo/Duo 6:30-9

Sat. 6/4 – Capt. Bob's Steamed Crabs, Railroad...Kirk solo 5-8

Wed&Thu 6/8 & 9-Homeland Center, Harrisburg..Kirk solo Noon-1:30

Thu. 6/9 - New Cumberland Food Truck Event...Kirk solo 5-8

Fri. 6/10 - Buddy Boy Winery, Duncannon... Kirk & Shawna...6-9

Sat. 6/11-Paulus Mt. Airy Orchards, Dillsburg... Jazz Me 9:30-12:30

Sat. 6/11 - Silver Valley Campsites, Tamaqua...Jazz Me Band 7:30-10:30

Sun. 6/12 - Adams County Winery, Orrtanna...Kirk & Ali 1-4

Wed. 6/15 - Homeland Center, Harrisburg.. Kirk solo Noon-1:30

Thur. 6/16 - Jubilee Day, Mechanicsburg Kirk & more 6:30-8

Fri. 6/17 - The Gettysburger Co. Kirk & Jessie Lynn 9 - midnight

> For bookings, contact Kirk at 717-979- 0341, or e-mail wisemotors@aol.com

The Jazz Me Entertainment tour is sponsored by:

FARNHAM INSURANCE, MEMBERS 1st F. C. U., CLASSIC DRY CLEANERS, STUDIO D LANDON WISE PHOTOGRAPHY

For complete up-to-date schedule, information, and addl information go to www.jazzmeentertainment.com

# Our Mission

people "in the fight" against cancer, focusing on breast cancer. Offering financial assistance as well as education and free products to help ease payment of medical bills, offer wigs, clothing, knitted knockers and other products free of charge to cancer

# **Follow Us!**

On Social Media

f @PinkHandsOfHope 6 @pinkhandsofhope

# Contact Us!

#### **L** (717) 620-8264

- www.pinkhandsofhope.org
- 9 5325 E. Trindle Road Mechanicsburg PA 17050

## Join Us for the Annual **Pink Hands Day of Hope Golf Outing 2022**

Friday, September 23, 2022

Fight Against Breast Cancer

#### Bright Pink

### Sponsor (2 Available)

Speaking Opport Website Advertisi

Pink Sponsorship (4 Available) \$1,000 (2)Colf Entries On-Site Recognitio Hole Signage Premium Program Recognition

# Cart Sponsor (1 Available)

Lite Pink Sponsorship (4 Available) \$500 (2)Colf Entries On-Site Recognition Program Recognition

\$500 Cart Sponsor (I Available)

\$250 Hole Sponso

\$50 Swag Bag Sponso (10 Available)

# **Register to Golf Online!**

#### Visit

www.Pinkhandsofhope.org/events

Total Due: \$	
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Company Name:

Main Contact:

Address:

City/State/Zip:

Phone (Required):

#### Email (Required):

Please Remit Checks to: Pink Hands of Hope

Attn: Debra Donadee 5325 E. Trindle Rd Mechanicsburg PA 17050 (717) 620-8264

Thank you so much for your consideration. We really appreciate any help you can give us!

Join Us!

We hope to see you there!

When: Friday, September 23, 2022

Where: Armitage Golf Course, 800 Orr's Bridge Rd Mechanicsburg PA 17050

8:00 a.m. | Registration 9:00 a.m. | Shotgun Start





TEAM REGISTRATION	2nd Annual Mechanicsburg Lions "We Serve" Golf Tournament	
(Detach & Send with Payment) \$75 per player / \$300 per foursome	Contact the Lions Club of Mechancisburg, PA to register or for more information:	MTERNATION
	1	We Serve
TEAM & PLAYERS	Visit us on our Website at:	
	www.e-clubhouse.org/sites/mechanicsburg/index.php	Lions Club of Mechanicsburg, PA
	Check us out on FACEBOOK	2nd Annual
	Mechanicsburg Lions Club"	Mechanicsburg Lions "We Serve" Golf Tournament
Team Captain Name:	I	Friday, July 15, 2022
Phone #:	WHERE THERE'S A NEED THERE'S A LION	
Third Player:		GOLFER
Fourth Player:	Z.	Proceeds Benefiting Lions Club of Mechancisburg, PA Charities
email:		We Serve

#### Lions Mission: "We Serve"

#### Who are the Lions?

Founded in Chicago, Ilinois, in 1917 by businessman Melvin Jones. Since its inception, Lions Clubs International has been dedicated to helping those less fortunate in their communities and around the world. In 1925, Helen Keller challenged the members to be "knights of the blind." "We Serve" became the association's official motto in 1954.

#### Lions Focus Areas

Vision Youth Disaster Relief Humanitarian Diabetes Hunger Environment Childhood Cancer

#### Benefiting Our Local Community

We are a 501(c)(3) and every penny we collect for our charity work is distributed to the needy, as our club determines Celebrating 70 years of service in Mechanicsburg, our group has raised and distributed funds to help various charities, both locally and worldwide. Charitable donations have been made to organiztions including: Vision Resources of Central Pennsylvania, Little League Baseball, Girls Softball, Hearing Research, J.T. Simpson Public Library, Leader Dogs for the Blind, Large Print Reader's Digest at the Senior Center, Beacon Lodge for Blind & handicapped campers, Meals on Wheels, New Hope Ministries, Youth Basketball & Bocce ball, Cumberland Co. Seeing Eve Puppies, Mechanicsburg Museum Assoc. 2 Business awards for local High School Students, multiple Eagle Scout Projects, Dog TAGS for Vets, Ironstone Ridge Nature Center, Cumberland Valley Mini-thon for Children's Cancer, District Governor's Projects, Mission Central.

Vision Screening equipment (our club has provided FREE VISION SCREENING to over 6500 kids)



#### **Golf Tournament Details**

- What: 2nd Annual Lions "We Serve" Golf Tournament Rain or Shine Event Limited to first 108 Golfers to Sign up and Pay
- When: Friday, July 15, 2022
- Where: Mayapple Golf Club / Fiddler's Bar & Grill 1 Mayapple Drive Carlisle, Pa. 17015

Format: 4-Person Scramble

Registration: 7:00am to 7:45am

8:00am Shotgun Start Tee-Off:

- Prizes: \* Top placing teams (1st, 2nd, 3rd) \* Closest to the Pin

  - \* 50/50 Raffle
  - \* Silent Auction

#### Food:

Lunch at Fiddler's Bar & Grill (at the golf course)

\* Lunch in Fiddler's Pavilion starting at 1:00pm \* Pulled Pork BBQ, Grilled Chicken, Sides and Beverages



Not Above You, Not Beneath You, But With You We Serve

#### 2nd Annual Mechanicsburg Lions "We Serve" **Golf Tournament**

Sponsorship Details (Various Sponsor Levels Available)

\* Sign Advertisement on the course

\* Ad (business card size) on Club Website

\* Inclusion in Tournament Brochure

Sponsorship Deadline: June 1, 2022

#### Player/Team Details

\$75 per player / \$300 per foursome

Includes: Greens & Cart Fees, Complimentary Range Balls, Lunch, Beverages & Prizes

Registration Deadline: June 15, 2022

\*\*Please detach form on the reverse side and return with payment\*\*

Please make checks payable to: Lions Club of Mechanicsburg, PA

Send registration form and checks to: Wayne DeFonzo C/O Mechanicsburg Lions Golf Tourna 223 Colonial Drive Mechanicsburg, Pa. 17050

Please email questions to Wayne at: wdefonzo@gmail.com



We Serve "Not Above You, Not Beneath You, But With You" We Serve



**WEEK-LONG CAMPS** \$197 \$197 MORNING AFTERNOON 9:00 AM - 12:00 PM 1:00 PM - 4:00 PM Discounted price for CREATE members

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lick <u>here</u> for more inf

**WEEK-LONG CAMPS** 

Discounted price for CREATE members

\$197

AFTERNOON

1:00 PM - 4:00 PM

\$197

MORNING

9:00 AM - 12:00 PM

Click <u>here</u> for more li





## Summer Sun Safety Tips

SUMMER is HERE - and so are the harmful rays produced by the sun! Spending time outdoors? Don't forget the sunscreen and these summer sun safety tips:

It is summer and time for some fun in the sun. The sun's warmth and brightness can relax us and boost our spirits. The benefits are wonderful, but overexposure

can lead to some dangerous health issues. So whether you're planning a trip to the beach, hitting the golf course, or enjoying a backyard cookout, remember to protect yourself from the sun. These five simple rules can help you enjoy the sunshine without risking your health:

### 1. Wear Proper Clothing

Your clothes can be an effective form of protection from the sun's harmful rays. Some outdoor clothing now carries an Ultraviolet Protection Factor (UPF) rating. The UPF rating lets you know how well the fabric shields your skin from ultraviolet (UV) rays. All fabrics block UV rays,but the most effective have a UPF rating from 15 (good) to more than 50 (excellent). For example, a white cotton t-shirt has a UPF of five. Blue jeans have a UPF of 1,700. In other words, densely woven and bright or dark colored fabrics offer the best defense. Light-weight, loose-fitting long sleeves and pants also help. Don't forget a hat and sunglasses to protect your head and eyes.

### 2. Use Sunscreen

Apply sunscreen generously and reapply it regularly. The Sun Protection Factor (SPF) measures how long unprotected skin can be theoretically exposed to the sun's harmful UV rays before causing damage. UVA rays can prematurely age your skin, causing wrinkles and age spots. UVB rays can burn your skin. Too much exposure to either can cause skin cancer. Keep in mind that sunscreen is often not applied thoroughly or evenly, and it might wash off while you swim or sweat. It is important to reapply sunscreen frequently.

### 3. Seek The Shade

The sun's rays are usually strongest between 10 a.m. and 4 p.m. If you are outside, find shade from a structure, a leafy tree, or a sun umbrella for protection. Also, try to arrange your schedule so that you can take advantage of the early morning and late afternoon for your outdoor activities.

### 4. Examine Yourself - Head to Toe

The Skin Cancer Foundation suggests that you give yourself a full body examination every month. Look for any changes to your skin. These changes can be an early warning sign of cancer. Changes include any skin growths, moles, beauty marks, or brown spots that appear suspicious. See a doctor if you have any doubts or questions about your skin. Remember that newborns and children are especially sensitive to the sun. Protecting their skin is crucial. Follow these good sun habits so that you can enjoy all kinds of outdoor activities without risking your health.



## First United Methodist Church, Mechanicsburg is seeking and now accepting applications for:

## A full-time Director of Office Management & Communications.

This person will be responsible for working with staff to plan and supervise office operations, as well as all internal and external church communications, in line with the mission, vision, core values and strategic objectives of First Church. Education related to business and/or communications, or applicable experience is required.

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### Further details

describing the qualifications, skills, experience, and responsibilities related to this position can be found in the full job description.