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## News, Events & more!..

## CHAMBER EVENTS

*Watch for Weekly Updates!!*

### April

**12 - Business Women's Networking Luncheon - Carlisle Bowen Works**, 616 West Main Street, Mechanicsburg. 11:30am-1:00pm.

**19 - After-Hours Mixer** - Sponsored by **Isaac's Brewhouse - Mechanicsburg**, 4950 Ritter Road, Mechanicsburg, PA 17055. 5:00 - 7:00pm.

**26 - AM Strategies for Business Success** - Sponsored by Country Meadows & Home Instead - at Buhrig's Gathering Place, 25 E Main Street, Mechanicsburg. 8:30 -10:00am.

**28 - Business Leaders Discussion Group** at Capital Joe - 36 West Main Street, Mechanicsburg. 7:45 - 9:00 AM.

### May

**10 - Business Women's Networking Luncheon** - TBA, Mechanicsburg, 11:30am - 1:00pm

RSVP to [info@mechanicsburgchamber.org](mailto:info@mechanicsburgchamber.org).

For a full calendar of chamber and member events, visit [www.mechanicsburgchamber.org/events](http://www.mechanicsburgchamber.org/events)

## FREE HOT DOG ON APRIL 7



To celebrate the official start of baseball season, Mechanicsburg Chamber's Executive Director and baseball fanatic, Jeff Palm, will once again grill hot dogs for the community on **Thursday, April 7th**.

A stand will be set up from **12:00 - 1:00 p.m.**, or while supplies last, on the corner of Main and Market Streets in downtown Mechanicsburg in front of PNC Bank, 2 E Main St.

*Stop by and enjoy a free hot dog, courtesy of Jeff!*

## Thank You For Renewing Your Membership!

Buchanan & Erb  
Country Meadows  
Cramer Motor Company  
Downtown Mechanicsburg Partnership  
Drayer Physical Therapy Institute  
Fairway Independent Mortgage

Herd Chiropractic Clinic  
Home Instead  
Mechanicsburg Brethern in Christ Church  
Mechanicsburg Area School District  
Mechanicsburg Crafters Retreat  
Melaleuca - The Wellness Company  
Strategic Consulting Partners

**Mechanicsburg Chamber of Commerce**

# Business Women's Networking Luncheon

Tuesday, April 12th  
11:30 am - 1:00 pm



Come for a light lunch and hear from Nancy Bittinger and her team on how Carlisle Bowen Works has and can help individuals heal from a pain issue.

Through an assortment of therapies, such as Bowen therapy, access bars, voila, craniosacral therapy, reiki, and therapeutic massage their goal, as pain specialists, is to resolve your pain issue so that their services are no longer needed.

Free Event for Members -  
\$10 for Non-Members

RSVP to [info@mechanicsburgchamber.org](mailto:info@mechanicsburgchamber.org)

Mechanicsburg Chamber of Commerce presents:

# After-Hours Mixer

**Tuesday, April 19**

**5:00 - 7:00 p.m.**

Hosted by:

FREE  
EVENT!



**Isaac's Brewhouse**

4940 Ritter Road

Mechanicsburg, PA 17055

Enjoy an evening of networking, refreshments and a chance to win a prize!

RSVPing is easy, simply email [info@mechanicsburgchamber.org](mailto:info@mechanicsburgchamber.org), RSVP online, or call 717-796-0811

Mechanicsburg Chamber of Commerce presents:

## Business Leaders Discussion Group

**Thursday, April 28**

**7:45 - 9:00 am**



**Host Location: Capital Joe**  
**36 West Main Street, Mechanicsburg**

Perfect  
for:  
-business owners  
-decision-makers  
-management staff

RSVP to [info@mechanicsburgchamber.org](mailto:info@mechanicsburgchamber.org) or call  
717-796-0811.

This members-only event is free to attend!

**Bring your questions and business topics and hear what others have to say!**



**LEMOYNE BUNNYFEST**  
**VENDOR FAIR AND KIDS FUN DAY**

**Saturday, April 2**  
**10am-2pm**

Grace United Methodist Church Parking Lot  
309 Herman Ave | Lemoyne

Shop our vendor fair, order food from our food trucks.  
FREE Easter Bunny visit, kids games

Sponsored by Musselman Funeral Home & Cremation Services, Inc.  
and Grace UM Church.



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## GFWC

(General Federation of Women's Clubs)

Mechanicsburg's next meeting is on  
**Tuesday, April 12, 2022 at 7:00 PM**

at Buhrig's Gathering Place, 25 Main Street,  
Mechanicsburg. The speaker will be Ashley Stump from  
Drayer Physical Therapy about pelvic floor health.

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**ONGOING EDUCATION SERIES**  
Generational Understanding & Communication  
Presented by: Sarah Barr  
**April 13 | 11:45 AM - 1:00 PM | VIRTUAL**

[CLICK HERE TO REGISTER](#)

SPONSORED BY: 







## Long Term Care Planning & Estate Administration Webinar April 13 at 1pm - Zoom

Attorney Jessica Fisher Greene -  
Will present on Long Term Care Planning & Estate Administration.

- Long Term Care Planning – including Medicaid and asset protection
- Estate Administration – General tips for executors. Inheritance tax

The program is free, but registration is required.  
Register by contacting [jdiana@cumberlandcountylibraries.org](mailto:jdiana@cumberlandcountylibraries.org).

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## LC Circle: Recruitment Event

Thursday, April 14, 2022

8:00 - 9:00 am

West Shore Chamber/Leadership Cumberland  
4211 Trindle Rd  
Camp Hill, PA 17011





### HealthQuest Training

*Don't Run Out of Time...  
Renew Your CPR Certification Today!*

- Serving Southern Pennsylvania and Central Maryland
- American Heart Association Training Center
- BLS for Providers
- CPR, AED, First Aid, Friends and Family Classes
- Skills Checks and Classes

**Vonda R. Barber 410-988-9441**  
**[www.HEALTHQUESTTRAINING.COM](http://www.HEALTHQUESTTRAINING.COM)**



2022 Silver Spring/Hampden Township

# SHRED EVENT



**Saturday, April 9th**  
**10:00AM-1:00PM**  
 6040 Carlisle pike  
 (Old ollie's location)

**FREE • SAFE • SECURE**

free shredding for residents \$5 box maximum  
 any boxes that are holding paper are returned to the resident

items not accepted for shredding  
 shredded paper, three ring binders, plastic, carbon paper,  
 metal, food wrappers, blue prints

**Supporting Sponsors**





Hosted by state rep. greg rothman  
[repgregrothman.com](http://repgregrothman.com) | [facebook.com/reprothman](https://facebook.com/reprothman)



**Food Truck  
Spotlight Event**

**Schedule:**

**APRIL 2022:**

April 8th 11am-1pm:  
*Audrey's Cup of Sunshine*

April 19th 11:30am-1:30pm:  
*Potato Coop*

April 28th 11:30am-1:30pm:  
*717 Tacos*



Mechanicsburg Area Churches invite the community to the

## Good Friday Prayer Walk and Easter Egg Hunt

**Friday, April 15, 2022 10:30 a.m.**

Gather at Mechanicsburg First Church of God

End at Trinity Evangelical Lutheran Church for Egg Hunt

For details, visit [trinity-on-main.org](http://trinity-on-main.org).



# Mechanicsburg Lions Club



*Invites you to attend*

## Club Open House 2022

In 1925, Helen Keller challenged the Lions to be the "Knights of the Blind". Lions International accepted that challenge and have been helping the blind ever since. The Lions have grown to be the largest service organization in the world with 1.4 Million members in 48,000 clubs in 200 Countries!



### **Guest Speaker – Jim Schmick**

Owner of "Civil War & More"  
10 South Market Street in Mechanicsburg

Would you like to **give back** to your community through service?

Would you like to learn more about the Lions?

Join the men & women of our club to better our community!

### Reply if Interested!

Where: Buhrig's Gathering Place - 25 E. Main Street - Mechanicsburg, PA

When: Tuesday, April 19, 2022 6:00-6:15 Arrival Time 6:30 Dinner

RSVP: by April 12<sup>th</sup>

Email: [mechanicsburglionsclub@gmail.com](mailto:mechanicsburglionsclub@gmail.com)

Phone: 717-516-8401

This event is sponsored by the Lions Club of Mechanicsburg PA-Membership materials will be distributed during the evening.

12th Annual  
**Cinco de Mayo**

REGIONAL FIESTA MIXER

THURSDAY, MAY 5, 2022  
4:30 - 6:30 PM

Volvo CE  
200 Rowe Road, Shippensburg  
R.S.V.P. at [chamber@shippensburg.org](mailto:chamber@shippensburg.org)

  
Volvo Construction Equipment

12th Annual  
**Regional Festival**  
Thursday, May 5, 2022  
4:30 - 6:30 pm

### **SPONSORSHIP OPPORTUNITIES AVAILABLE!**

**This is your chance to network with more than 500 chamber members from 350+ businesses!**

#### **Exclusive Event Sponsor (1 Available \$1,000)**

- Access to RSVP list
- Promoted in all event advertising
- Display table
- Display business banner

#### **Food Sponsor (\$500)**

- Logo promoted in all event advertising

#### **Beverage Sponsors (\$500)**

- Logo promoted in all event advertising

#### **Event Partner (\$500)**

- Logo promoted in all event advertising
- Display table

#### **Table Sponsor (\$250)**

- Display Table



Volvo Construction Equipment



West Shore  
Chamber of Commerce  
Inspiring Business



West Shore  
Chamber of Commerce  
Inspiring Business





# Master Class with Alan Berg, CSP: The 4 Steps To More Sales! presented by HD Entertainment

## Master Class with Alan Berg, CSP The 4 Steps To More Sales!



OPEN TO ALL  
EVENT PROS  
& LOCAL  
BUSINESSES

Gettysburg, PA  
Wednesday, April 20, 2022

No matter what your business does, or sells, there are 4 steps to getting more sales:

- 1) Gain their attention
- 2) Get the inquiry
- 3) Have a conversation
- 4) Make the sale

For some, the process is condensed and happens quickly. For others, it takes more time. Where can you improve in your processes and stop losing sales and profits? Is it communicating digitally (email, text, messaging, with Millennials), getting ghosted on messages or closing the sale?

### **Come to this Master Class and hear:**

- How to get your website to convert more traffic to leads
  - How to reply to inquiries so they don't ghost you
    - Handling common sales objections
    - Following up – how, when and how often
  - Asking for the sale – yes, it's up to you to ask!

How much does it cost? It's only \$199 per person, or \$299 for 2 or 3 people from the same business, and it includes lunch.

[Click for Tickets](#)

**THURSDAY**  
**APRIL 28**  
8 Flowers Drive

**OPEN  
HOUSE**

**Come out and meet the  
staff and enjoy light  
refreshments**

**Come and Join in...**



**WHEN:** Thursday - April 28th - 2022  
from 4 to 7pm

**WHERE:** Silver Spring Township  
Administrative Building  
8 Flowers Drive, Mechanicsburg

  
**BUSINESS  
WOMEN'S FORUM**

**REGISTER TODAY!**  
**May 18, 2022**  
Presented by  
**UPMC**  
UPMC HEALTH PLAN



**WE ARE BACK AT MESSIAH UNIVERSITY**

**Time to Recharge!**  
Join Karen and get a shot of energy as she shares practical yet powerful, researched-based strategies to increase your energy and diminish your stress. Learn how to recharge your battery and energize others. In this program, you will discover that managing your energy and not your time is the key to better performance and a more fulfilled life.

Karen McCullough an award-winning keynote speaker who inspires and empowers organizations and individuals to evolve, grow, and realize their true potential for excellence. Her speaking topics range from Change, Generations, and Engagement, and since the pandemic, is on a mission to re-energize the workforce.



**Karen McCullough  
Keynote Speaker**

For more information, visit [www.businesswomensforum.com](http://www.businesswomensforum.com)

 @BusinessWomensForum  @business\_womens\_forum  @BWFpa

Messiah University  
One College Avenue  
Mechanicsburg, PA  
8 AM to 4 PM

Join us for Central PA's Largest  
One-Day Conference for Professional Women!

Tickets  
\$99/Member  
\$199/Non-Members

  
**CARLISLE AREA**  
CHAMBER OF COMMERCE  
Carlisle Area Chamber Foundation

  
**West Shore**  
Chamber of Commerce  
Inspiring Business





Limited number of still seats available!

Bus Departs from Chambersburg with pick up in Carlisle

## Sight and Sound Theater Lancaster, PA



## The Tide® Bus Trip

Includes:

- Chartered Bus Transportation
- Ticket to David
- Lunch at Bird-in-Hand Smorgasbord

**Thursday, April 7th**  
**\$140/person**

Complete details and registration at:  
[thetide.org/bustrip](http://thetide.org/bustrip)  
717.264.7288



More Information: [thetide.org/events](http://thetide.org/events)

Highest Bid: [facebook.com/gospeltide](https://www.facebook.com/gospeltide)  
(updated each morning)

### Week at Martha's Vineyard Up for Auction



The Tide® ministry is receiving bids on a stay at The Harborside Inn on the waterfront in the heart of Edgartown, MA for the week of May 14th to 21st.



## Dementia Caregiver Support Group: Dealing with Worry and Fear

Presented by Marie T. Stein, LCSW, Chicago Center for Cognitive Wellness (CCCW)



one with dementia.

In these uncertain times, worry can weigh us down and fear can prevent us from doing the things we need to do. Join us as we support one another on this journey of caring for a loved one with dementia.

Please Register by Monday, April 18th



## Join us for a FREE Virtual Support Group

**Tuesday, April 19th**  
5:00 p.m.

To Register  
717-216-4535  
[TheArtisWay.com/WestShoreEvents](http://TheArtisWay.com/WestShoreEvents)

Your Partner  
in Memory  
Care

Virtually Hosted by Artis Senior Living of West Shore: 150 N. 12th Street, Lemoyne, PA 17043



TFEC THE FOUNDATION  
FOR ENHANCING  
COMMUNITIES

REGULAR  
REGISTRATION  
\$50/PER

## HARRISBURG HOOPLA #COMPETEFORACAUSE 2022

10:00 AM - TEAM  
ARRIVAL  
11:00 AM - GAMES  
START!



HARRISBURG HOOPLA IS AN ANNUAL ADULT FIELD DAY COMPETITION ON CITY ISLAND RAISING MONEY FOR LOCAL NONPROFITS. HOOPLA IS HOSTED BY THE EMERGING PHILANTHROPIST PROGRAM, A SPECIAL INITIATIVE OF THE FOUNDATION FOR ENHANCING COMMUNITIES.

**JUNE 4, 2022**

10:00 AM - 4:00 PM  
CITY ISLAND, HARRISBURG, PA



REGISTER HERE

# **Your health, YOUR CHOICE**

Are you tired of going to a clinic and  
feeling like a number?

Do you want to work one-on-one  
with a Physical Therapist?

## **DID YOU KNOW THAT YOU HAVE A RIGHT TO CHOOSE YOUR PHYSICAL THERAPY PROVIDER?**

At Advanced Physical Therapy and Fitness, your rehabilitation is  
our top priority. Our highly skilled therapists dedicate their  
time to you and only YOU during your appointments.

They are with you from beginning to end monitoring your  
exercises to make sure you are doing them properly for  
maximum benefits. They are right there making modifications  
to your treatment based on how you are progressing each visit.

You're important to the whole team here. Our administrative staff  
strives to get to know you, and will work with you to schedule  
appointments that fit your lifestyle and your financial needs.

So if you want to feel valued, and not feel like you're on  
the conveyer belt of an assembly line, come to  
Advanced Physical Therapy and Fitness!  
We hope to see you soon!

You'll know how important you are when you walk in the  
front door and you're greeted by your name....

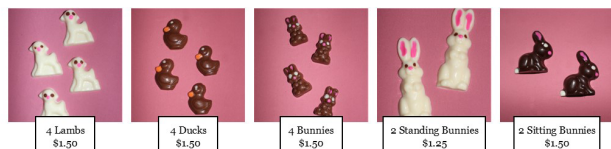


102 West Allen Street  
Mechanicsburg, PA  
717.790.9994

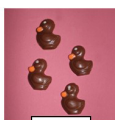
## Esther's Country Kitchen

### Easter Chocolates

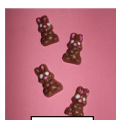
Choice of Milk, White, or Dark Chocolate



4 Lambs  
\$1.50



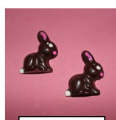
4 Ducks  
\$1.50



4 Bunnies  
\$1.50



2 Standing Bunnies  
\$1.25



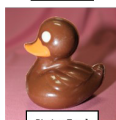
2 Sitting Bunnies  
\$1.50



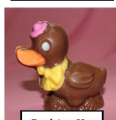
3 Crosses  
\$1.00



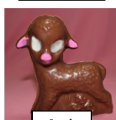
Carrot  
\$3.00



Sitting Duck  
\$5.00



Duck in a Hat  
\$6.00



Lamb  
\$9.00



Funny Bunny  
Sm: \$5.00  
Med: \$10.00  
Lg: \$15.00



Medium Rabbit  
\$7.00



Standing Bunny  
\$10.00



Large Rabbit  
\$17.00



Small Lamb  
\$1.00



Sitting Lamb  
\$4.50



Cross  
Sm: \$3.50  
Lg: \$14.00

### Lollipops & Easter Eggs



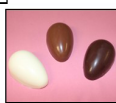
Standing Bunny  
\$1.00



Running Bunny  
\$1.25



Carrot  
\$1.25



### Easter Eggs

Peanut Butter, Buttercream, Coconut Cream  
Small: \$1.50 each  
Medium: \$5 each

To place your order:

[www.EstherCountryKitchen.com](http://www.EstherCountryKitchen.com)

Made by Esther Crawford  
Esther's Country Kitchen  
717.648.8661



## Now Hiring

### Fiscal Management Specialist

Do you have experience with budgeting, accounting, or other fiscal administration duties and are looking for a new job opportunity? The Department of Labor and Industry has an opening in Dauphin County. Apply today!



Ask a Question  
[statejobs@pa.gov](mailto:statejobs@pa.gov)

Learn More  
[employment.pa.gov](http://employment.pa.gov)

View Openings



Commonwealth employment is the KEYSTONE  
to your FUTURE!



## Be a part of your public library.

We're hiring two Library Aides to provide excellent library service to our community!  
You'll be working at the circulation desks checking items in and out, collecting payments, and issuing library cards with people who love the library as much as you do!

The fine print: Hours include evenings and weekends. Pay is \$12.00 per hour.  
Must be at least 16 years old.

**Joseph T. Simpson Public Library**

**16 N. Walnut St.**

**Mechanicsburg, PA 17055**

**(717) 766-0171**

[www.simpsonlibrary.org](http://www.simpsonlibrary.org)





## PennDOT Summer Employment Program

### Start A Longtime PennDOT Career NOW!

- Potential to work close to home
- Potential for permanent employment
- Potential for medical, retirement & optional benefits
- Promotional opportunities

### Positions that may be available near you:

- Highway Maintenance Worker
- Custodial Worker
- Semi-Skilled Worker
- Transportation Equipment/CDL Operator\*

### APPLY TODAY!

[www.employment.pa.gov](http://www.employment.pa.gov)  
go to "Open Jobs" – search  
"PennDOT Summer Jobs"

For more information email:  
[StateJobs@pa.gov](mailto:StateJobs@pa.gov)  
or  
CALL: 717-395-9197



Scan To  
Apply



### A Summer with PennDOT Could Become a Career!

\*CDL Medical Certification & Drug/Alcohol testing required

PennDOT is proud to be an Equal Opportunity Employer promoting workforce diversity.