



CONTACT: Jaime Perry — (717) 796-0811

FOR IMMEDIATE RELEASE

Mechanicsburg Chamber will host world marathoner BethAnn Telford at Annual Dinner on Jan 17

Mechanicsburg, PA — January 3, 2018 — The Mechanicsburg Chamber of Commerce will welcome BethAnn Telford to their Annual Dinner and General Membership meeting on Wednesday, January 17. The event, which is open to the public, brings members of the chamber and community together to enjoy dinner, drinks, entertainment and a chance to win door prizes.

Telford, an avid marathoner who has been battling a brain tumor since 2005, will be this year's keynote speaker. The Camp Hill native and 1987 Cumberland Valley High School graduate will share her journey with brain cancer and how she uses her athletic abilities to raise money (over \$1 million to date) and awareness to help find a cure for brain cancer. In January 2017, she completed an epic adventure - The World Marathon Challenge - which consists of running 7 marathons on 7 continents in 7 days. Telford has also competed and finished the Boston Marathon (5 times), Marine Corp Marathon (14 times), the Lake Placid Ironman (twice), the Kona Ironman World Championships (in 2012), and Crossing the Canyon (a 9-hour rim-to-rim trek of the Grand Canyon) - all to help raise awareness and funds for brain cancer research

In addition to Telford's keynote presentation, the event will also celebrate the Chamber's efforts and growth and looks ahead as new leadership takes its place. The event will include recognition of the incoming 2018 Board President, Jacquie Hower of Zimmerman's Automotive, as well as the confirmation of three applicants to the Board of Directors: Melissa Hiler – Avon / Longaberger; and current board members Anne-Marie Brandt – TeamBrandt Marketing and Dennis Mahaffey – Drayer Physical Therapy. Each director will serve a four year term.

During the event, the Chamber's 2017 Charity of Choice, Caitlin's Smiles, will be recognized.

The event is sponsored by The Crossings at West Shore, as well as AmeriChoice Federal Credit Union, Gunn Mowery, H+R Block, Hot Frog Print Media and Patient First.

This event will be held at The Mechanicsburg Club at 333 Heinz Street in Mechanicsburg from 6-9pm on Wednesday, January 17. The cost to attend is \$35. All are welcome. Please contact the Mechanicsburg Chamber of Commerce to register at (717) 796-0811 or info@mechanicsburgchamber.org.



BethAnn Telford

About BethAnn Telford

BethAnn Telford was born in the summer of 1969, in Harrisburg, Pennsylvania and, since a young age, participated in many types of sports and athletic activities, from organized soccer, softball, and field hockey, to running, mountain biking, and skiing. A lifetime of activities and pushing physical and mental boundaries prepared her for her most difficult challenge. In 2004, while running the Marine Corps Marathon, she felt a “pop” in her head around mile marker nineteen and over the next couple of months started to experience problems with her balance and unclear thoughts.

After several weeks of tests in the early winter of 2005, she learned she had a brain tumor and that her life would forever be changed. In April of 2005, she had her first brain surgery and had to learn to walk, talk, and move all over again. As her rehabilitation began, she was determined to run again. Six weeks later she ran her first 5K race and trained throughout the summer to run and finish the Marine Corps Marathon. Stopping at mile marker nineteen to reflect on her journey and to silently thank her doctors, family and friends that have supported her during her struggles.

Since then, BethAnn has undergone a second brain surgery, a neurostimulator implant and bladder augmentation surgery for issues related to her brain cancer. Through it all, Beth has competed and finished Boston Marathons (five (5) times), Marine Corp Marathons (thirteen (14) times), the Lake Placid Ironman (twice), the Kona Ironman World Championships (in 2012), and Crossing the Canyon (a 9 hour rim-to-rim trek of the Grand Canyon). She has currently completed an epic adventure in January 2017, the World Marathon Challenge, which consists of running 7 marathons on 7 continents in 7 days.

In addition to her pushing her physical boundaries, BethAnn has dedicated herself to helping raise awareness of brain cancer and toward finding a cure. BethAnn founded Team BT as part of the Race for Hope - DC 5K Run/Walk and has helped raise more than \$1 million dollars for brain cancer research. She has participated in countless charity and fund raising events, including

rappelling down the side of a skyscraper as part of an ABC2 event to help raise awareness and funds for brain cancer research. In addition to fund raising, BethAnn has testified before an FDA committee on the benefits of advance drug therapies, advocated through lobbying Congress, and advocated as part of the National Cancer Institute (NCI) and White House briefing since the fall of 2014. She has also had two NBTS grants awarded to the Cleveland Clinic and the University of Florida in her name and been awarded the Triumph of Spirit award. She has also been featured in countless articles, news stories (including the front page of the Washington Post), and has been featured in a Discovery Program documentary. BethAnn has been a fulltime U.S. Federal Government Employee for over 16 years and is a Registered (Certified) Yoga Instructor with Yoga Alliance.

About Mechanicsburg Chamber of Commerce

The Mechanicsburg Chamber of Commerce supports a variety of community, business and economic development programs throughout the year. It has over 400 business and residential members throughout South Central Pennsylvania; and focuses on the Mechanicsburg Borough, Hampden, Lower Allen, Monroe, Silver Spring and Upper Allen Townships.

###