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FOR IMMEDIATE RELEASE

## Capital City Foot and Ankle Center opens in Silver Spring Township

Mechanicsburg, PA — February 19, 2013 — Capital City Foot and Ankle Center recently celebrated its grand opening with a ribbon cutting ceremony with the Mechanicsburg Chamber of Commerce.

The practice, under the direction of Dr. Ijaz Zia, offers patients a state-of-the-art facility and complete care for foot and ankle issues and disorders. Treatment includes anything from foot and ankle injuries to arthropathies to bunion deformities and everything in between.

Dr. Zia, a graduate of Temple University School of Podiatric medicine, is also actively involved in research related to diabetic foot infections, which is the most common problem among people with diabetes. Specialized in this area, Dr. Zia points out that “people with Diabetes Mellitus need to know if they have a loss of protective sensations (Diabetic Neuropathy), or decreased circulation, that there are steps that they can take on daily basis to avoid developing foot problems that can lead to serious complications,” Zia explains. He added that possible effective interventions include optimizing blood glucose control, smoking cessation, and intensive foot and ankle care by a podiatric physician.

Capital City Foot and Ankle Center is located at 1300 Bent Creek Boulevard, Suite 101 in Mechanicsburg. The center is open Monday and Tuesday 9:00 a.m. – 6:00 p.m., Thursday 10:00 a.m. – 7:00 p.m., Friday 10:00 a.m. – 7:00 p.m., and Saturday 9:00 a.m. – 12:00 p.m.

For more information, visit [www.capitalcityfootankle.com](http://www.capitalcityfootankle.com) or call the center at 717-697-2727.



Picture CAPTION:

Dr. Ijaz Zia and Samina Zia of Capital City Foot & Ankle Center cut the ribbon to celebrate the grand opening of the office. They are joined by their children, as well as Jeff Palm, Executive Director of the Mechanicsburg Chamber of Commerce and members of the Mechanicsburg Chamber of Commerce.

About Mechanicsburg Chamber of Commerce

The Mechanicsburg Chamber of Commerce supports a variety of community, business and economic development programs throughout the year. It has over 400 business and residential members throughout South Central Pennsylvania; and focuses on the Mechanicsburg Borough, Hampden, Lower Allen, Monroe, Silver Spring and Upper Allen Townships.

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